

St Michael's *and* Village

Beer Parish News

**February
2020**



CHURCH DIRECTORY

VICAR	Rev. JEREMY TREW	20391
	The Vicarage, Colyford Rd, Seaton, EX12 2DF jeremytrew@hotmail.com	
St Gregory's Office	seatonchurch@hotmail.co.uk	23656
ST MICHAEL'S ---		
Churchwarden:	Mrs G. Chapple, Sunnymead, Higher Meadows	20756
Curate:	Rev. Simon Hitchcock sihitchcock@icloud.com	075759 56899
Treasurer:	Mr K. Izzard, Sunningdale, Common Hill, Beer	625181
Secretary:	Mrs Jean Smith	07412 010245
Sacristan		
& Head Server:	Mrs L. Bees	21723
Altar Guild:	Mrs P. Bewick	21954
	Mrs Y. Hawker	22191
Choir:	Dr G. Butler (Practice Wed 6-7pm)	21375
Organist:	Dr G. Butler, Mullions, New Road, Beer	21375
Children's Society:	Mrs P. Edmunds, West Ebb, Common Hill, Beer EX12 3AQ	23659
Families Worker	Linda Dowling beerchurchfamilies@yahoo.co.uk	
Children's Team:	Mrs Jean Smith	07412 010245
	Mrs J. Ross	
	Mrs L. Molony	
Worship Team:		
	Mrs G. Chapple, Ms M. Hirons, Mrs L. Molony, Mrs L. Bees	
Pastoral Team:	Mrs G. Chapple (sec)	20756
	Mrs Y. Hawker, Mrs S. Aplin, Mrs P. Bewick, Mrs E. Singleton, Mrs A. Vaughan, Mrs S. Anderson	
Beer Parish News	Dr Henry Jaggars, Green Bank, 9 Clinton Rise,	20858
Editor:	Beer. Email: henryjaggars@btinternet.com	



Area code for all phone numbers above is 01297 unless shown otherwise

**In an emergency, parishioners should contact the Churchwarden
(see above for address and phone number).**

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St MICHAEL'S - FEBRUARY 2020

Sun 2nd Feb **8:00am Communion Service**
9:30am Morning Praise
4:00pm Café Church @ 4 for ALL

*The Presentation
of Christ
in the Temple
- CANDLEMAS -*

Wed 5th **10:00am Communion Service** *with healing ministry*
6:00pm Choir Practice

Fri 7th **10:00am Mickey's Music Makers**
2:00pm Gregorian Chant
"Taster session" £3 pp All welcome

Sun 9th **9:30am Sung Communion**

*Third Sunday
before Lent*

Wed 12th **10:00am Communion**
6:00pm Choir Practice

Fri 14th **10:00am Mickey's Music Makers**

Sun 16th **8:00am Communion Service**
9:30am Morning Praise

*Second Sunday
before Lent*

Wed 19th **10:00am Communion Service**
6:00pm Choir Practice

Fri 21st **NO Mickey's Music Makers (Half term)**

Sun 23rd **9:30am Family Communion**

*Sunday next
before Lent*

Ash Weds **10:00am Communion Service**
with imposition of ashes
6:00pm Choir Practice

Sun 1st March **8:00am Communion Service**
9:30am Morning Praise
4:00pm Café Church @ 4 for ALL

*First Sunday
of Lent*

*Sometimes we have to make changes at short notice so the only
way to be really sure of what's going on is to come to church!*



Jeremy writes...

This Spring we're trying to declutter the Vicarage (again); get rid of those "useful" things that we haven't actually used for several years, and generally create a bit more space. The main reason for doing this is that a greater degree of simplicity seems to bring with it a greater peace of mind. Possessions really do create anxieties. Fewer possessions does reduce that burden, it seems. Fine theory; let's see if it works out that way.

One of the great ideas surrounding Lent works in a similar vein: If we undertake disciplines that lighten the load, we are better able to concentrate on what really matters. This strategy had morphed over the centuries into the belief that we must deny ourselves something in order to properly do Lent; no chocolate, stop smoking, etc. If that helps you focus better



on what really matters this season then all well and good. May I suggest that, for most of us, denial in itself, is more useful for helping us lose a few pounds of excess weight than it is for focussing our minds. If the discipline becomes the object then we are missing the purpose of Lent. Rather, the discipline is meant as a doorway that allows us through to where we need to go: Just as decluttering the Vicarage would make it easier for us to actually get through some actual doorways!

Of course, there are other strategies we can undertake during Lent. Maybe you are adopting something for Lent, either just for the season, or in the hope it may become a habit. Before Christmas some people adopted a reverse Advent Calendar: Each day they put a food item into a bag, and when the bag was full they took it to a foodbank. Adoption is often a more successful strategy than denial, especially if you're hoping to develop a habit. But the same bottom line still applies: Is this an end in itself, or a doorway to something bigger?

There are many ways we can mark Lent usefully. Maybe a clear-out of the material, emotional and spiritual clutter is what is needed. There are a number of resources to help us do this: “Everyday faith” is an App that gives us some gentle nudges on our spiritual journey: “Living Lent”, a website giving some very hands-on ways of following the season: “40acts” is a different website offering a range of small challenges during Lent, the idea being that some may stick and grow into habits: And, of course, across our two parishes we will be offering a range of Lent discussion groups, spending an hour or two each week together so that our faith can grow and flourish.

You’d be welcome to join in in any way this Lent. Give yourself a treat, detox a little, and allow these resources and maybe the wisdom of the person sitting next to you to refresh your inner person. Lent is an exploration of the Christian story, and it is good news for everyone.

*Best wishes, **Jeremy***

From the Registers

Funerals:

23 rd December	Mrs Jean Edwards	89
30 th December	Mrs Zelma Lindsay-Smith	91
8 th January	Mr Ronald Smith	86
10 th January	Mr Robert Dingle	93



Julian Meetings usually take place on the second Monday of each month, 7.30 for 7.45pm at St Gregory’s Church Centre, Colyford Road, Seaton. We are a small group who meet regularly in order to grow in the practice of Contemplative Prayer in the Christian tradition. Julian Meetings welcome people of ALL denominations, or none.

For more information contact:

Sue Price, Reader at St Gregory’s Seaton on 01297 22314, or Liz Molony at St Michael’s Beer.



St Petrock's (Exeter) Ltd
10 Cathedral Yard Exeter
EX1 1HJ

Dear all at St Michael's Church,

Thank you very much for your generous donation of gifts and clothes which we received this Christmas. We had a very busy Christmas and were so grateful to be able to hand out gifts to all those who came to the centre. It was very kind of you to think of St Petrock's and choose to donate in this way; we greatly appreciate your support.

Your thoughtfulness is particularly appreciated at a time when the need for St Petrock's housing and homelessness services is growing significantly. In 2018/19, there was an increase of 20% in visits to our daily drop-in advice, referral, support & survival services in our homelessness resource centre over the previous year; we are now regularly seeing between 60-80 people per day. Our specialist welfare support service (which enables people to access specialist benefits assistance) and on-site mental health sessions with a clinical psychologist are also facing increased demand, and are an important first step for many into moving forwards into more settled and fulfilling lives.

To complement our busy centre services, our housing team is working hard to provide options for those who cannot access statutory or other supported accommodation elsewhere. Our Private Rental & Support (PRS) project works with private landlords to provide sustainable, affordable tenancies for clients who, with ongoing support, are ready to move towards independent living. We are also able to provide accommodation via our own St Petrock's shared house and supported flats. Overall, our small housing team supported 47 people directly into their own rented accommodation in 2018/19.

Thank you again for your help in addressing the challenges we face. We are very grateful to receive such generous support from the local community. Best wishes,

Mel Hartley, Project Manager Charity No.: 1090155
13/01/2020 Company No.: 4312156

"Questions of Life & Faith" - Meetings once a month on the first Thursday of each month from about 2 to 3.30 in St Gregory's Centre.
See the Church calendar for time & date.

Anyone is very welcome to come along and it doesn't need to be a permanent commitment as each week stands alone. It helps if there is some continuity and knowledge of what has been shared but new questions arise all the time as we think about the world and our life of faith. If this is of interest then note the date in your diary and turn up on the day: no advance booking is needed.

Karen Curnock

St. Michael's Bookshop

VARIED SELECTION of secondhand books

at our bookstall in St Michael's



Please bring us any books
which you wish to donate.

GOOD paper backs and good small hard back

books only please! - No Readers Digest volumes, no large hard backs, and no magazines as we do not have room to store them.

Altar Guild News

Various events for the coming year were discussed at our January meeting.

Lent lunches will be served in the Congregational Hall on **Thursday 12th March and Thursday 26th March**. These are lovely simple lunches of homemade soup, bread and cheese. All proceeds go to Christian Aid. The Congregational Church are organising the first and we are doing the second.

Mothering Sunday is on 22nd March. The service this year will be in the Congregational Church.

Other dates for your diary are Easter Sunday 12th April and the Spring Coffee Morning on 25th April.

We may be having a small Flower Festival in July.

Our next meeting will be the AGM. We would be very pleased to welcome some new members - no cleaning duties involved!

Date of next meeting: Tuesday 3rd March 10am -
AGM and meeting.





What TRIP does in Beer

TRIP Wheels – Wheelchair friendly and easy access transport. Taking less mobile people to medical and social appointments whenever they need to go.

TRIP Cars – Transport to medical appointments through our network of volunteer drivers. To local medical providers, Exeter or further afield. Servicing GP Surgeries, Hospitals, Dentists, Opticians, Chiropodists & many other medical appointments.

TRIP Information – Impartial information and advice on transport and other issues, plus signposting to other providers.

TRIP Mobility – New and used mobility equipment for sale or hire. Servicing and repairs, batteries & tires.

TRIP Equipment – A comprehensive range of equipment and daily living aids, designed to make life easier. Lots of items in stock, plus we will order in for you.

TRIP is proud to introduce 'Winter Friendship Group' – A new pilot program aimed at helping people who are often isolated, especially during the winter. Targeted at all ages, this program aims to reduce isolation by providing weekend full day trips, a warm meal, the chance to laugh and share experiences together.

Planned dates: 12th, 15th and 26th of January – 9th, 12th & 23rd of February – 11th & 22nd of March

For more information please contact TRIP using the information below

www.tripcta.org

Phone 01404 46529

admin@tripcta.org

TRIP - Connecting our communities

Beer Film Society

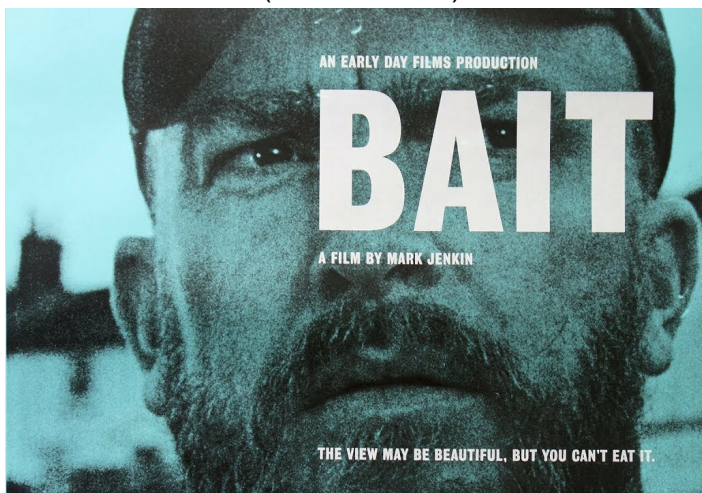
www.beerfilmsociety.org.uk

Monday 10th February at Steamers

"Bait"

(2019 - Drama)

Cert. 15



*This highly acclaimed and BAFTA-nominated film, **BAIT**, is bound to stimulate a lot of discussion in Beer with a subject close to the hearts of many local people.*

Modern-day Cornish fisherman Martin Ward (Edward Rowe) is struggling to buy a boat while coping with family rivalry and the influx of London money to his harbour village. The summer season brings simmering tensions between locals, tourists, and newcomers to boiling point, with tragic consequences. Stunningly shot on a vintage 16mm camera using monochrome Kodak stock, Mark Jenkin's *Bait* is a timely and funny, yet poignant new film that gets to the heart of a community facing unwelcome change.

"It's a genuine modern masterpiece, which establishes Jenkin as one of the most arresting and intriguing British film-makers of his generation" (Mark Kermode, The Guardian)

Doors open 7pm, film will start at 7:30pm

Members £4 and non-members £6. All welcome.

Bar, coffee, raffle, and ice cream available.

Coming soon: 9th March, "The Peanut Butter Falcon (12A)"

Fine Foundation Centre

Beer Village Heritage

Reg. Charity No.1087162

Members of Beer Village Heritage made an important decision with which to herald the New Year. They agreed that the group should become a Charitable Incorporated Organisation. This will greatly simplify the reporting

requirements while keeping the benefits of having charitable status. Our Company Secretary has done a terrific job in keeping the organisation legal, but the effort it takes to report to the Charities Commission, Companies House and HMRC is very demanding, and appears to be overkill in respect of our activities and finances. Dr. Sam Rose is helping Eric Cozens to set up the new constitution which will hopefully come into play at the Annual General meeting. The date for the AGM will be advertised at a later date.

January is traditionally a quiet month for us, while the centre is closed. We plan to be open by Good Friday, so have a little time for anything which needs to be done in the building. Do let us know of any ideas which you may have for future displays and investigations. In the meantime, look out for posters giving details of how you can help with our pre-season tasks like filling the fish tanks and collecting specimens for them, as well as cleaning the beach in readiness for the new tourism season. Some of us are in discussion with other litter pickers along the coast, with the intention of having a beach-cleaning "co-operative" along the length of the Jurassic Coast. We're calling it "Clean Jurassic Coast" and you can find basic information about it on www.cleanjurassiccoast.uk

It's been lovely to see the crab pots growing in the Mariners' Hall as Chunky imparts some of his knowledge and skill to others.

As we reported last month, the Greater Horseshoe Bat project is entering its final year, and concentrating on how the legacy is set out. The Bat Friendly Beer group is in the process of buying bat meters to loan out along with wild-flower seeds to enable us to continue to encourage everyone to provide habitat for insects (= food for bats!). The hedge planting planned for February 5th has been postponed, so watch for posters showing the new one. BFB will be presented to a wider audience at the February AONB conference through a (very) short talk.

The January talk at Marshlands was most thought provoking when Harry Barton discussed Nature Recovery Networks. His wide-ranging thoughts on the subject included climate change and carbon sequestration, farming practices, bats, beavers, wolves, pine martens, etc., with examples from Devon and from other parts of Europe. The Marshlands speaker on 27th February will be Dr. Sam Rose who will be wandering through World Heritage sites.

The February talk for the Branscombe Project talk is on Monday 24th February when Professor Tim Lenton and Anne-Marie Culhane, from

Extinction Rebellion, will ask us how we can respond to the climate emergency.

Please keep on re-cycling your crisp packets at the Fine Foundation Centre – see elsewhere in the magazine how many you've already collected! The collection bag is hanging outside so it is available all the time. We're aware that you can now also re-cycle the pouches which contain pet-food. Have a look at www.terracycle.com.

Some of us were pleased to be able to support the Coastal Community Team who had a stand at a conference on Sustainable Tourism recently. Hopefully most of the 100 or so delegates knew more about Beer by the end of the day!

Don't forget that Beer Village Heritage is supporting the campaign for signposted links between the SW Coast Path/ Jurassic Coast and the East Devon Way. We are asking that everyone who walks the routes which Mike Green has identified report their comments, noting anything relevant, from the state of the path and hazards along the way to amenities and way-marking. Have a look at,

<https://www.gpsies.com/mapUser.do?username=MikeGreen> . Mike is working closely with the East Devon Area of Outstanding Natural Beauty team, and Devon County Council, to ensure that the routes are safe to use.

If you'd like to know more, just ask one of our regular helpers such as Nick Jones, Mike Green, Chris Jones, Carol Green, Trevor Wood, Jean Wood, Henry or Norah Jagers, or contact us on 01297 20858 or at beervillageheritage@yahoo.co.uk





Seaton Beer and District Branch RNLI

We are very pleased that on a very stormy day we collected £397.20 at our Christmas Collection at Tesco Seaton on Wednesday 18th December and at the time of writing our report we were looking forward to our RNLI SOS Table Top sale on Saturday 25th January at the Mariners Hall.



Our next event is our **Annual General Meeting to be held on Tuesday 3rd March** in the Function Room of the Dolphin Hotel, Beer, EX12 3EQ. The meeting starts at 7.30pm. There will be a guest speaker from Lyme Regis Lifeboat Station, a raffle and refreshments after the meeting. We will be reporting on a busy and successful 2019 and looking forward to a busy 2020.

Due to retirements we are seeking additional volunteers for our RNLI Shop at Jubilee Gardens. As well at meeting lots of people and selling the lovely range of RNLI Christmas cards and RNLI gifts people often ask us for information during their visits to Beer and the area including sea safety. We will be opening during the week commencing Saturday 15th February plus various days as the year progresses depending on

weather and volunteer availability. Our Winter opening hours are approximately from 11am to 3pm.

We also need additional people to help with our Outside Event Stall and with our fundraising events and collections. If you can help please come to our meeting, call in to our Shop or telephone (01297) 23040 (leave message) or email wac500@hotmail.co.uk Any help that can be given will be greatly appreciated. If anyone would like to organise an event for our branch of the RNLI that too will be greatly appreciated.

We will be having our regular events during 2020 and these include being with Beer Village Heritage on Sunday 8th March at the Grizzly Race Drink Station at Beer Head Caravan Site. Once again we will be having our RNLI Mayday Appeal Welly Waddle Walk along Seaton seafront and this year it is to be on Sunday 24th May. Beer Lifeboat Week is from Saturday 4th July to Friday 10th July and includes our Annual Street Collection, Table Top Sale and Music Night. Additional events to be added to the week as the year progresses.

We thank all our Volunteers and Supporters for their continuing support and as we proceed through 2020.

Wendy Cummins

Secretary, Seaton Beer and District Branch RNLI





Here is an update about the crisp packet collection in Beer. Since May last year when the collection started, the 1500 or so residents have managed to eat their way through nearly 10,000 packets of crisps! That's just the ones that people have kindly put in the collections at the Phonebox at the Mariners and under The Heritage Hut!

The system is working well as this many packets in 8 months gives us about 10,000 points which is about £100 for Beer Primary School!

Perhaps we shouldn't be eating too many crisps but keep on chomping and get your family and friends to collect too.

Thank you !!

Beer Food Donation Initiative

February 2020

For one month only, our telephone swap box, outside the Mariners, will be a food & sundries donation point in support of the Seaton & District Food Bank to help people in unfortunate, and unforeseen circumstances.

So, what can we in Beer do to help? It's simple -

GIVE GIVE GIVE

What to give? Things found in your kitchen cupboard such as tins of Fish, Soup, Fruit or Meat and biscuits pasta and pasta sauce. Although it's vital that all donations are **in date** as the need is to help these people not hinder them!

Also, all the small items usually found under your sink or wash basin. Toilet rolls, Bleach, Washing up liquid, Bars of soap, Shampoo, Conditioner etc etc in fact if you have it in your cupboard you can be sure it's needed for their cupboard.

Thank you !



Come and try
GREGORIAN CHANT

Taster Session

FRIDAY



7th February

2:00pm

St Michael's Church

Beer

Led by Ann Evans

All welcome £3 pp



BEER PARISH COUNCIL NEWSLETTER

JANUARY 2020

Colyton Fire Station

Devon County Councillor Martin Shaw reported that Colyton Fire Station has been saved from the recent round of cuts. This is good news for Beer as there will be two fire engines close by if needed.

Memorial Play Park renovations

Councillors have met with South West Water representatives on site. As the play park sits on an underground pumping station, SWW has agreed to commission a sewer survey to establish the condition, depth and function of the sewers. This technical information will help to inform our renovation plans as it will directly impact the installation of any new play equipment.

Ash Hill play area

The EDDC Tree Officer is going to look at the Ash die back in some of the trees and we will receive quotes for tree surgery if appropriate.

Want to report a problem?

If residents wish to report anything in the village i.e. potholes, blocked drains, street lights not working etc., it is possible to report the problem directly on the Devon County Council website

<https://www.devon.gov.uk/roadsandtransport/report-a-problem/> The more individual hits received the more likely action will take place to rectify the problem.

Parish Council surgery

Feedback indicates that residents are still concerned about people not picking up their dog's poo. The Parish Council has responded to a recent EDDC consultation exercise regarding the Public Space Protection Orders on the beach and has suggested that the existing dog control signage could be improved for clarity.

Primary Environmental Mission Statement for Beer

The Parish Council has produced the following statement:

As a Parish Council we are joining the groundswell of opinion to urgently work towards a carbon neutral and sustainable future for our community.

To be successful we know it is crucial that the people of Beer get behind and embrace this intention.

Our aims are to:

- Educate
- Be proactive
- Set achievable goals
- Work together

A working group has already begun compiling a list of ideas and proposals and plan to begin with the following:

1. Improved Recycling e.g. public recycling bins around the village
2. Environmental Awareness e.g. encourage reduction of single use plastic in local businesses
3. Conscious Development in our immediate environment:
 - draw attention to good practice in any new redevelopment
 - install solar panels on public buildings
 - use of Beer brook in the redevelopment of the public toilets & children's playground
 - send out a clear message to all, of Beer's intention to "Go Green"! (e.g. signage)

"Research shows that small changes do make a difference"



BEER WOMENS INSTITUTE

February 2020

Our President Jackie Goddard welcomed members, and guests from Colyford, Colyton, and Seaton to our New Year Party held on the 8th January at the congregational Hall.

The evening began with our monthly meeting and voting slips for the WI Resolutions for 2020 were collected. Usual business was discussed including coming events and regular interests:

Cards, Barbara Greaves 15th January; Monthly Walk, Anne Gladstone, 30th January; Federation Quiz, Penny Stopher. Dates to be arranged, Skittles, Book Club 2. Craft meeting.

A raffle, quiz and a pot luck supper provided by the members from Beer followed. Last but not least the Creative Writing group entertained with a light hearted, tongue in cheek 'skit', which was enjoyed by all.

A good start to the New Year, with lots of things to do in 2020 !

God's Word Through His People

The Promise of His Presence even in our Problems by Nobin Samson

"I will be with him in trouble" Psalms 91:15. God is with you in trouble and out of trouble, so rejoice! "When you pass through the waters, I will be with you" Isaiah 43:2. Notice it says when you pass through the waters, not if! You do not need to be afraid of the waters of adversity that may be encompassing you right now because God has promised to be with you through it.

And a great windstorm arose, and the waves beat into the boat, so that it was already filling.

But He was in the stern, asleep on a pillow. And they awoke Him and said to Him, "Teacher, do You not care that we are perishing?"

Then He arose and rebuked the wind, and said to the sea, "Peace, be still!" And the wind ceased and there was a great calm". Mark 4:37-39.

What storm of life are you going through today? Maybe you feel as the disciples did that Jesus does not care about your predicament? Are you afraid that you might perish because of the storm you are facing right now?

Be at peace! Why? Two things. Even though the disciples were going through a terrible storm, Almighty Jesus was with them in the boat while they were suffering. In the boat of your life God is with you through still waters and turbulent waters because He cares for you. Secondly, just as in the above account, know that God can and will do something about the problem you are in right now, so instead of complaining and being fearful, turn to the Lord in faith.

Jesus the prince of peace had perfect peace even in the midst of a problem that is why he could peacefully sleep through the storm. God can give you so much peace in life that you can be at peace through every problem knowing that God is in control and will not leave you. God is the answer! The provision for your problem is assured because of His abiding presence in your life.

The answer to the problem that the disciples were in was already in the boat - Jesus. One word from God changed the problematic situation that the disciples were in, therefore turn to God in faith to receive your answer. One word from God can turn your Calamity into Calm!

Even while the children of Israel were in the midst of the wilderness God was with them. He was a pillar of fire by night and a cloud of covering by day. His presence would manifest upon the mountain and then in the tabernacle.

God's minister, Moses would deliver God's current word to them even while they were in the midst of troublesome dry land. They saw the demonstration of God's power, provision and protection in the wilderness. You may not be in your promised land yet and the circumstances that you are facing may be like a harsh wilderness, but you do have the overwhelming promise of His presence even in your trials and troubles.

When Shadrach, Meshach and Abednego were thrown into a fiery furnace for not compromising their faith The Son of God was with them. His presence in their problem preserved them. You may be going through a fiery trial but the presence of God in your life will preserve you through your problems in life!

Prayer:

I BELIEVE YOU ARE JEHOVAH-SHAMMAH, THE LORD WHO IS THERE! THANK YOU THAT ACCORDING TO YOUR PROMISE YOU NEVER LEAVE ME NOR FORSAKE ME. LORD YOU ARE AN EVER PRESENT HELP IN THE TIME OF TROUBLE THEREFORE I WILL NEVER FEAR BECAUSE YOU ARE NEAR. IN JESUS NAME. AMEN.

BEER FITNESS



MARINERS HALL
FRIDAYS 10AM - 11AM

ALL WELCOME

FOR MORE INFORMATION
CONTACT JANE SHOBBROOK
email jane@shobbbrook.co.uk
Tel. 01297 598407

FEBRUARY 2020 - Dates in Beer **- THE NEW BEER VILLAGE DIARY -**

Please do your bit to help keep this up to date and accurate by notifying
Chris Pickles: chris@picklesnet.com , Tel.: 07775 768172
of ALL events & meetings and ALL changes & amendments.

Date	Activity	Location	From	To
01-Feb	Beer Albion FC 1st vs Colyton 1st	The Furzebrake, Stovar Long Lane	14:15	16:15
02-Feb	Morning Service	Congregational Church	10:00	11:00
03-Feb	Badminton Club	Mariners' Hall	18:30	21:00
03-Feb	Beer Men's Shed workshop session	Beer Men's Shed	19:00	21:00
03-Feb	Royal Antedeluvian Order of Buffaloes weekly meeting	Scout Hall	20:00	22:00
04-Feb	Beer Men's Shed workshop session	Beer Men's Shed	14:00	17:00
04-Feb	Best Years Club	Mariners' Hall	14:00	16:00
04-Feb	Congregational Church Home Group	"Southleigh", Barline	19:00	20:30
04-Feb	Parish Council Meeting	Balcony Room, Mariners' Hall	19:15	21:00
04-Feb	Bell Ringing	St Michael's Church	19:30	20:30
04-Feb	Mariners Short Mat Bowls Club	Mariners' Hall	19:30	21:30
04-Feb	RNLI Seaton Beer & District Branch monthly meeting	Various locations	19:30	21:00
04-Feb	Skittles League - Sailing Club vs Womens Institute	Dolphin Hotel	19:30	22:00
05-Feb	Tiddlers Baby/Toddler Group	Congregational Hall	10:00	11:30
05-Feb	Pilates for Health	Mariners' Hall	11:15	12:00
05-Feb	Badminton Club	Mariners' Hall	18:30	21:00
05-Feb	Skittles League - Winklepickers vs Peco Puffers	Dolphin Hotel	19:30	22:00
05-Feb	Women's Institute Dr Stephen Manning:"The Royal Marines Charity" Cong. Hall		19:30	21:30
05-Feb	Whist Club	Dolphin Hotel	20:00	22:00
06-Feb	Coffee Morning	Congregational Church Hall	10:30	12:00
06-Feb	Beer Men's Shed workshop session	Beer Men's Shed	14:00	17:00
07-Feb	Beer Fitness	Mariners' Hall	10:00	11:00
07-Feb	Gregorian Chant singing lessons	St Michael's Church	14:00	16:00
08-Feb	Scout Quiz Night	Scout Hut	20:00	22:00
09-Feb	Morning Service	Congregational Church	10:00	11:00
10-Feb	Badminton Club	Mariners' Hall	18:30	21:00
10-Feb	Beer Film Society monthly screening - "Bait" (15)	Steamers Restaurant	19:00	22:00
10-Feb	Beer Men's Shed workshop session	Beer Men's Shed	19:00	21:00
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13-Feb	Beer Men's Shed workshop session	Beer Men's Shed	14:00	17:00
14-Feb	Beer Fitness	Mariners' Hall	10:00	11:00
16-Feb	Morning Service	Congregational Church	10:00	11:00
17-Feb	Badminton Club	Mariners' Hall	18:30	21:00
17-Feb	Beer Men's Shed workshop session	Beer Men's Shed	19:00	21:00
17-Feb	Royal Antedeluvian Order of Buffaloes weekly meeting	Scout Hall	20:00	22:00
18-Feb	Beer Men's Shed workshop session	Beer Men's Shed	14:00	17:00
18-Feb	Best Years Club	Mariners' Hall	14:00	16:00
18-Feb	Congregational Church Home Group	"Southleigh", Barline	19:00	20:30

18-Feb	Parish Council - Planning Meeting	Balcony Room, Mariners' Hall	19:15	21:00
18-Feb	Bell Ringing	St Michael's Church	19:30	20:30
18-Feb	Mariners Short Mat Bowls Club	Mariners' Hall	19:30	21:30
18-Feb	Skittles League - Peco Puffers vs Barbarians	Dolphin Hotel	19:30	22:00
19-Feb	Royal British Legion Coffee Morning	Dolphin Hotel	10:00	11:00
19-Feb	Tiddlers Baby/Toddler Group	Congregational Hall	10:00	11:30
19-Feb	Pilates for Health	Mariners' Hall	11:15	12:00
19-Feb	Badminton Club	Mariners' Hall	18:30	21:00
19-Feb	Skittles League - Sunshine Girls vs Sailing Club	Dolphin Hotel	19:30	22:00
19-Feb	Whist Club	Dolphin Hotel	20:00	22:00
20-Feb	Coffee Morning	Congregational Church Hall	10:30	12:00
20-Feb	Beer Men's Shed workshop session	Beer Men's Shed	14:00	17:00
21-Feb	Beer Fitness	Mariners' Hall	10:00	11:00
23-Feb	Morning Service	Congregational Church	10:00	11:00
24-Feb	Badminton Club	Mariners' Hall	18:30	21:00
24-Feb	Beer Men's Shed workshop session	Beer Men's Shed	19:00	21:00
24-Feb	Royal Antedeluvian Order of Buffaloes weekly meeting	Scout Hall	20:00	22:00
25-Feb	Beer Men's Shed workshop session	Beer Men's Shed	14:00	17:00
25-Feb	Congregational Church Home Group	"Southleigh", Barline	19:00	20:30
25-Feb	Bell Ringing	St Michael's Church	19:30	20:30
25-Feb	Mariners Short Mat Bowls Club	Mariners' Hall	19:30	22:00
26-Feb	Tiddlers Baby/Toddler Group	Congregational Hall	10:00	11:30
26-Feb	Pilates for Health	Mariners' Hall	11:15	12:00
26-Feb	Badminton Club	Mariners' Hall	18:30	21:00
26-Feb	Skittles League - NessAGuin vs Sunshine Girls	Dolphin Hotel	19:30	22:00
26-Feb	Whist Club	Dolphin Hotel	20:00	22:00
27-Feb	Coffee Morning	Congregational Church Hall	10:30	12:00
27-Feb	Beer Men's Shed workshop session	Beer Men's Shed	14:00	17:00
28-Feb	Beer Fitness	Mariners' Hall	10:00	11:00
29-Feb	SOS Seriously Occasional Singers	Congregational Church Hall	10:00	12:00
29-Feb	"Bollywood" Curry Night	Beer Sailing Club	19:00	22:30
01-Mar	Morning Service	Congregational Church	10:00	11:00
02-Mar	Badminton Club	Mariners' Hall	18:30	21:00
02-Mar	Beer Men's Shed workshop session	Beer Men's Shed	19:00	21:00
02-Mar	Royal Antedeluvian Order of Buffaloes weekly meeting	Scout Hall	20:00	22:00
03-Mar	Beer Men's Shed workshop session	Beer Men's Shed	14:00	17:00
03-Mar	Best Years Club	Mariners' Hall	14:00	16:00
03-Mar	Congregational Church Home Group	"Southleigh", Barline	19:00	20:30
03-Mar	Parish Council Meeting	Balcony Room, Mariners' Hall	19:15	21:00
03-Mar	Bell Ringing	St Michael's Church	19:30	20:30
03-Mar	Mariners Short Mat Bowls Club	Mariners' Hall	19:30	21:30
03-Mar	RNLI Seaton Beer & District Branch AGM & monthly meeting	Dolphin Hotel	19:30	21:00

Help your organisation! Are you planning a meeting or event? Where possible, please refer to the Village Diary to avoid clashing with other events already booked!

The full version of the *Village Diary* can be found on the Beer Village website <https://beervillage.co.uk> under "What's On", there you can see planned dates for three months or more. Or ask Chris Pickles.

- THE NEW BEER VILLAGE DIARY -



YOUR “LOCAL” CONTACTS

Parish Council

Geoff Pook	01297 24649	<i>Chair</i>
Louise Vine	07974 528540	<i>Vice Chair</i>
Darren Clinch	07790 211242	
Wendy Dodd	07434 948406	
Rick Dormor	07970 217267	
Mandy Graham	01297 20369	
Helen Follett	07817 934903	
Martin Richards	01297 23422	
Maureen Westlake	01297 23850	
Trevor Wood	01297 24660	

Clerk to the Council: Annie Dallaway 07593 405161
clerk.beerparishcouncil@googlemail.com

Internal Auditor: *To be appointed*

East Devon District Councillor Geoff Pook

Brereworde House, New Road, Beer, EX12 3HS

Mobile: 07966 490429

Home: 01297 24649 gpook@eastdevon.gov.uk

Devon County Councillor Martin Shaw 07972 760254

Member of Parliament Neil Parish

Parliamentary matters -

House of Commons, London, SW1A 0AA

Tel: 020 7219 7172 neil.parish.mp@parliament.uk

Constituency matters - Tel: 01884 841497

Happiness

Fret. Worry. Fear. Where do they come from? Answer: the future. Events lie ahead. Your mind focusses on things to come, and it generates worry. They are written on the calendar and in your diary. Worrisome events. Some worries are not events but situations in your life. Something you are living with each day. Perhaps a troubled relationship. Or the health and well-being of someone you love. Maybe it's some action that others require from you. Picturing these things, your mind projects away from the here and now into the future: *What will happen?*

If you cannot see how a situation will end you perhaps experience fear. And then your mind makes this fear into a problem, but it comes out of a future that only exists as a projection in your mind. Reality – the place where you live your life – is always here and now, in the present. You don't live in the future and you don't live in the past; you live in Now. Be in it. When you are 'Present' worry or fear evaporates.

Take decisions; make the call; write the letter; speak what must be said, make necessary preparations for what lies ahead – in other words do what life requires you to do, but don't do it in fear of a future that doesn't exist, do it in the calm conscious presence of Now.

You do not have to be dependent on what happens (or does not happen) for your happiness. There is a deeper dimension within you that has no need to respond with either happiness or sadness or fear at events in life. That dimension arises in you when you accept the present moment. When you allow whatever happens to happen, without reacting to it. Whatever you feel, your emotions are not who you are. You cannot control the world, but you can control your own response to it. Don't fight life. Allow it to be what it is. Then welcome inner stillness and an inner peace of acceptance. In times to come, will your anxiety really have been important?

Your life may feel overshadowed now by things that were meant to happen and didn't, or things that were not meant to happen and did. Can you accept that with an open heart? Can you allow that state of affairs to be what it is? Can you let it be?

Life fluctuates. There come beautiful days that fill you with thankfulness, and there come dark days that move you to tears. You are human, and to be human is to suffer. You can accept that. The world is infinitely changeable, loss is replaced by gain, fears in time evaporate, there is failure and there is accomplishment, grief turns into upliftment. You can accept all that, too.

You can close your heart and lock it up. Or you can open your heart and allow it to include all the unforeseen, inexplicable, hurtful events, and all the delightful, kind and beautiful events that come your way. They make up any human life. If we allow it all to be what it is, then the fret and the worry will be a distant memory ... memory of a time when you lost yourself in the future.

Do you need to borrow a mobility scooter?



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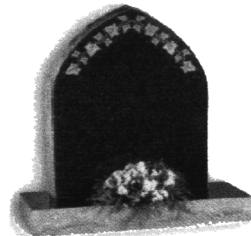
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Beer Parish News

"Chunky" Bartlett teaching the art of making crab pots



Copy for March to be with the Editor
by **Wednesday 19th February**, please.

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February 2020