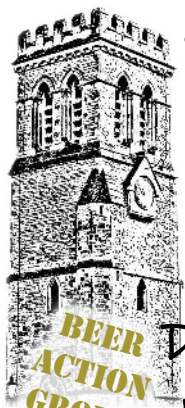


St Michael's *and* Village



# Beer Parish News

BEER  
ACTION  
GROUP

CLAP  
THE NHS

Difficult times for many but who says life in a small village

VE DAY

is dull? Through this period of lock-down we get on with our

VOLUNTEERS

lives; make our own

SCARECROW  
FESTIVAL

entertainment; care for our

KARAOKE

neighbours; and care for those

QUIZZES

outside of our own community.

What finer place than Beer

could you wish to live in?

CARDS  
FOR CARERS  
& CARERS

BAGS  
(& MORE)  
FOR THE  
NURSES

&

MUCH MORE !

## June 2020

# CHURCH DIRECTORY

<b>VICAR</b>	<b>Rev. JEREMY TREW</b>	20391
	The Vicarage, Colyford Rd, Seaton, EX12 2DF <a href="mailto:jeremytrew@hotmail.com">jeremytrew@hotmail.com</a>	
<b>St Gregory's Office</b>	<a href="mailto:seatonchurch@hotmail.co.uk">seatonchurch@hotmail.co.uk</a>	23656
<b>ST MICHAEL'S ---</b>		
<b>Churchwarden:</b>	Mrs G. Chapple, Sunnymead, Higher Meadows	20756
<b>Curate:</b>	Rev. Simon Hitchcock <a href="mailto:sihitchcock@icloud.com">sihitchcock@icloud.com</a>	075759 56899
<b>Treasurer:</b>	Mr K. Izzard, Sunningdale, Common Hill, Beer	625181
<b>Secretary:</b>	Mrs Jean Smith	07412 010245
<b>Sacristan</b>		
<b>&amp; Head Server:</b>	Mrs L. Bees	21723
<b>Altar Guild:</b>	Mrs P. Bewick	21954
	Mrs Y. Hawker	22191
<b>Choir:</b>	Dr G. Butler (Practice Wed 6-7pm)	21375
<b>Organist:</b>	Dr G. Butler, Mullions, New Road, Beer	21375
<b>Children's Society:</b>	Mrs P. Edmunds, West Ebb, Common Hill, Beer EX12 3AQ	23659
<b>Families Worker</b>	Linda Dowling <a href="mailto:beerchurchfamilies@yahoo.co.uk">beerchurchfamilies@yahoo.co.uk</a>	
<b>Children's Team:</b>	Mrs Jean Smith	07412 010245
	Mrs J. Ross	
	Mrs L. Molony	
<b>Worship Team:</b>		
	Mrs G. Chapple, Ms M. Hirons, Mrs L. Molony, Mrs L. Bees	
<b>Pastoral Team:</b>	Mrs G. Chapple (sec)	20756
	Mrs Y. Hawker, Mrs S. Aplin, Mrs P. Bewick, Mrs E. Singleton, Mrs A. Vaughan, Mrs S. Anderson	
<b>Beer Parish News</b>	Dr Henry Jaggars, Green Bank, 9 Clinton Rise,	20858
<b>Editor:</b>	Beer. Email: <a href="mailto:henryjaggars@btinternet.com">henryjaggars@btinternet.com</a>	

Area code for all phone numbers above is 01297 unless shown otherwise

**In an emergency, parishioners should contact the Churchwarden  
(see above for address and phone number).**

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# St MICHAEL'S - JUNE 2020



Following advice from the Church of England, the following applies to all activities relating to St Michael's, Beer, and St Gregory's, Seaton, for the time being:

All church services and related activities are cancelled.

***Our Church buildings are no longer open for any activity.***

***There are resources for prayer available on the***

***Coastal Church website. [www.coastalchurch.org.uk](http://www.coastalchurch.org.uk)***

***Clergy will be available to contact as usual, and will do their best to visit and provide pastoral care.***

Jeremy and Simon will do their best to offer support, either by phone, email ( [jeremytrew@hotmail.com](mailto:jeremytrew@hotmail.com) or [sihitchcock@icloud.com](mailto:sihitchcock@icloud.com) ) or in person if possible. Please do not contact our retired clergy as they fall into the "vulnerable" category.

*Many of you will have been spending your time reading, maybe searching through your bookshelves and cupboards for new books to read or finding old treasures to re-read. Similarly I'm sure you are grateful if you have a DVD collection.*

*When our period of lock-down is finally over, please remember St. Michael's Bookshop and donate us your best so that others can experience the pleasures you enjoy.*

## St. Michael's Bookshop

VARIED SELECTION of secondhand books

at our bookstall in St Michael's

*After lock-down*

^ Please bring us any books and DVDs which you wish to donate.

**GOOD paper backs and good small hard back books only please! - No Readers Digest volumes,**

**no large hard backs, and no magazines** as we do not have room to store them.



## *Jeremy writes...*

Well, we've made it to June. As I'm writing this in late May anything I write regarding the current situation could be wildly out of date by the time anyone reads this. Could be a real test of my prophetic skills.

However, I have just received a draught document from the senior leaders in this Diocese setting out how the Church will return to normal. It is a document with key dates missing, of course. These will be determined largely by Government policy, which will itself be determined by medical advice (at least in theory). Whatever advice the Government receives will itself be weighted by what happens over coming weeks, and that will be determined largely by the likes of you and me; how we behave and act, and what we do to reduce or increase risk. The onus is on us.

Our experience of lockdown will, of course, vary from person to person. Some will have experienced a relatively small change to their lives, whilst for others it may have been cataclysmic. I have been repeatedly glad of where I live. When I have been able to get out I find myself surrounded by miles of beautiful coast and countryside, in stark contrast to, say, a family penned up in a block of flats surrounded by more blocks of flats. It's not surprising people want to escape here when given a chance. Maybe though we should question the equity of who gets to escape here and who cannot.

One thing I have been aware of, both in myself, in others I meet, and especially in reading social media posts, is the gradual and continued rise in background anxiety. It's led people to say foolish things they wouldn't usually say, and express petty prejudices others wouldn't normally see. Ironically, it has led us to be more honest. But, honesty can be painful, particularly when we find we do not like what we see, and we recognise we are looking in a mirror. No one is perfect. We could all be better human beings. I find praying helps.

In part, this is because praying forces me to reflect on my own attitudes and behaviour; to confess; to change; to grow. There are good resources, tailored for a time like this, to help us deal with that disarming view we might get in the mirror. Here are two I think are particularly good:

[supporting-good-mental-health](#) - this is a Church of England resource and is ideal for those looking for a spiritual approach to mental wellbeing.

<https://www.smilingmind.com.au> - this uses a secular approach (mindfulness), and again, I have found it personally helpful.

Oh, and how will the Church be reopening? The answer is slowly, using small steps. I doubt we will be back to normal this year, and even when we are it will be a new normal and not the old one.

My best wishes to you and yours,

Jeremy

## **No broadband or smartphone?**

## **Friends and Neighbours in the same boat?**

DailyHope is a freephone line of hymns, reflections and prayers. It is provided free by the Church of England for anyone who may have need of it.



***Don't forget to visit Beer Village webpage and facebook page, Beer Village Notice Board facebook group, Beer Memories facebook group, and St Michael's Church facebook page to keep abreast of developments, useful information, and village news and gossip -***

***<https://beervillage.co.uk/>***

***<https://www.facebook.com/Beervillageuk/>***

***<https://www.facebook.com/groups/248286292595063/>***

***<https://www.facebook.com/groups/249663682406640/>***

***<https://www.facebook.com/St-Michaels-Church-Beer-106798184310943/>***



**Beer**  
*Devon's best kept secret*



## Altar Guild

This month St Michael's Altar Guild, like most of our community, is still in lock-down and has nothing to report. We hope the members are fairing well and we look forward to the day when they are able once more to grace our church.



## BEER WOMEN'S INSTITUTE

Beer WI, too, are unable to meet although we have no doubt they are in touch with each other and conducting some of their activities online. We know many of their members are very much involved in the various community actions the village has been blessed with.

Their notices are on the corner of "The Hub"  
(next to the Mariners' Hall) as usual.





## MARINERS' HALL, BEER MANAGEMENT COMMITTEE

The Mariners' Hall continues to be closed under the Covid-19 emergency legislation. The latest information indicates that some of the restrictions may be lifted in early July. Once this happens, the committee will look at ways of ensuring that the building is as safe as possible for users, and will be working to the guidelines set out by the government.

The indications are that events for large groups will not be permitted for some time to come. However, hopefully it will be possible to allow some use of our village hall before too long.

Registered Charity 300760

**CINEMA  
FOR ALL**

## Beer Film Society

[www.beerfilmsociety.org.uk](http://www.beerfilmsociety.org.uk)

Due to the coronavirus pandemic, the film programme has been suspended until further notice.



However, you can find some weekly suggestions for films on television on our website:

[www.beerfilmsociety.org.uk](http://www.beerfilmsociety.org.uk)

We hope you enjoy them.  
Stay safe!



# BAGS

## Beer Arts Group(s)

...is inviting its members to write "Lock-down" or other Covid inspired poems or short works of prose. Send your contributions to Martin Cox -

[anneandmartin@hotmail.com](mailto:anneandmartin@hotmail.com)

Not a member? No problem, anyone reading this is welcome to contribute. No criticism will be made of anything you send us!

## BAGs Bookclub

has gone online, but they suggest reading:

"Anything is Possible"

by Elizabeth Strout,

"The Guest List"

by Lucy Foley,

"The Dutch House"

by Ann Patchett, or

"Redhead by the Side of the Road" by Anne Tyler.



**Need help?** In this time of Covid crisis, **East Devon District Council** have information, advice, and help available for both residents and businesses.

<https://eastdevon.gov.uk/>

or contact their Coronavirus Community Support Hub:

Phone: 01395 571500

Email: [covid.community@eastdevon.gov.uk](mailto:covid.community@eastdevon.gov.uk)



## CITIZENS ADVICE EAST DEVON – HERE FOR YOU IN YOUR TIME OF NEED

Do you have a question about what help is available to you right now?

While our offices are closed our Staff and Volunteers are working from home to make sure everyone can get the help and information they need. We can offer advice via email, over the telephone via a call-back system, and through our Adviceline national service.

### How to contact us:



If you would like to contact us via email,  
please use this address:  
**[enquiries@citizensadviceeastdevon.org](mailto:enquiries@citizensadviceeastdevon.org)**

You can also access resources online  
through our national website  
**[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)**

To talk to a local Advisor, please ring  
**01395 265070** or **01404 42227**.  
You will be asked to leave your contact  
details and one of our Advisors will  
contact you as soon as possible.

You can also ring our national Adviceline  
number on **03444 111 444**



**citizens  
advice**

East Devon

Here to listen, here to help.

# Fine Foundation Centre

## Beer Village Heritage

Reg. Charity No.1087162

It hardly seems possible that another month has gone by and some of us are picking up the threads of our old life styles, albeit cautiously. However, the future continues to be uncertain, and

the concept of staying physically apart from one another puts an obvious restriction on our usual activities. How can it be possible to host a coffee morning or a craft sale? Could barrel-rolling work with only one person per barrel – and no spectators? The Royal Yachting Association has issued some really helpful guidance on sailing, so could that mean that Regatta can go ahead? Will it be possible to hold the Flower Show in August, or will the constraints make it physically, and financially, unviable? The Mariners' Hall had a 40's band booked to entertain us for VE Day. The group has been re-booked for VJ Night. Will the event be possible? Can we re-open the Fine Foundation Centre, or will it be too problematic to ensure the safety of our visitors? So many un-knowns.

Let's have some good news. Nature has a way of carrying on regardless of what is happening to humans. Seeds are germinating and lots of new gardeners are experiencing the excitement of seeing new shoots poking up through the soil. As I haven't left the property for several weeks I don't know if it was a case of "the ash before the oak" or the "oak before the ash" so am denied my usual summer weather forecast! Similarly I haven't seen if the rooks are nesting near the tops of the trees or further down. In the garden the ash trees were in leaf fairly early, and we've been able to transplant a sapling to a permanent home. Henry found a lovely little fossilized bivalve when he was digging out a new vegetable bed – another reminder of the fascinating geology of the area. Once again we've left some of the grassed area as a flower meadow. I came across an interesting report recently which suggested that the low-flowering daisies and dandelions which we have in our lawns supply a huge amount of nourishment for bees. It recommended cutting the grass in April and then not mowing during May in order to maximise the effect. The researchers had been surprised as they had assumed that not mowing at all was best.

I'll reiterate my annual request – please keep cats indoors at night (or at least at dusk and dawn) during June and July. The baby bats are just beginning to come out of the roosts, and their flying skills haven't been honed as yet. As a result they are likely to plummet towards the ground where cats can catch them easily. Bats only have one baby a year, and then not every year, so every baby bat killed hinders the regeneration of the endangered species. The females are able to store sperm after mating in the autumn, and bring it in to action when they feel physically ready sometime later.

Back to the lockdown. Beer Action Group is continuing to do a superb job is keeping people connected through their system of co-ordinators and volunteers as well as their regular newsletters and posts on social media. Thank you to all of the local shops which are offering a fantastic service to everyone in the village. Beer may be a small community, but no one living here needs to feel isolated, be unable to access money, or run out of food. Thank you to everyone who is offering support in whatever way, however small.

Beer Village Heritage is doing something too. The HUB, set up by the Action Group, has some hosted sessions during the week. BVH is available on Fridays at 1400 to talk about anything relating to the natural world, fossils, pottery, village stories and anything else you'd like to talk about. We had pitcher wasp nests last week as one of the "bring and show" exhibits. Kate Ponting and Norah Jagers are there to answer questions with other experts waiting in the wings.

We plan to have an exhibition in the Fine Foundation Centre on our Covid-19 Experience in due course. It'll follow the same format as the "Blow-ins" and "Memories of the Coronation" with a loose-leaf folder holding your thoughts and memories. It could be a piece of prose or a poem. It could be a song or a picture. It could be a photograph or a diary. Just send your contribution to: [beervillageheritage@yahoo.co.uk](mailto:beervillageheritage@yahoo.co.uk) or to [norahbeer@btinternet.com](mailto:norahbeer@btinternet.com).

Ruth is continuing to add to the "Blow-ins" folder, so do send your thoughts to her at [ruthtoohoots@gmail.com](mailto:ruthtoohoots@gmail.com). Richard Scott is asking for stories about the village and the inhabitants for his Tales of Old Beer project. You can send your contributions to him on: [rscottbeer@outlook.com](mailto:rscottbeer@outlook.com).

If you haven't looked at it yet, Mike Green's latest book, talking about the coast of East Devon, is on the website. Enjoy the I-Spy! Don't forget that there are a number of downloadable walks on the website. You might like to try them as part of your exercise programme - see <http://www.beervillageheritage.org.uk>

Please hang onto your crisp packets for the moment. Emptying the collection bag hanging outside of the centre is seen as an unnecessary journey at the moment. Normal service will be resumed as soon as possible!

*Keep well !*

If you'd like to know more, just ask one of our regular helpers such as Nick Jones, Mike Green, Chris Jones, Carol Green, Trevor Wood, Jean Wood, Henry or Norah Jagers, or contact us on 01297 20858 or at [beervillageheritage@yahoo.co.uk](mailto:beervillageheritage@yahoo.co.uk)





## Seaton Beer and District Branch RNLI

*From the Editor:*

This must be the first time for many months, or even years, that Wendy, secretary of our local branch, has not sent me a report on branch activities. However, as you can see (photo right) she is far too busy enjoying the sunshine. Well done Wendy, you deserve a rest!

Throughout this time of Covid lock-down our local lifeboats have continued to operate and have indeed been called out on quite a few occasions.

They depend on our support and our donations but have been unable to pursue their usual fund-raising activities since lock-down began. So if you would like to make a donation or become a member I am sure Wendy will be very pleased to hear from you. Contact: Wendy Cummins 01297 23040 (leave message) or email

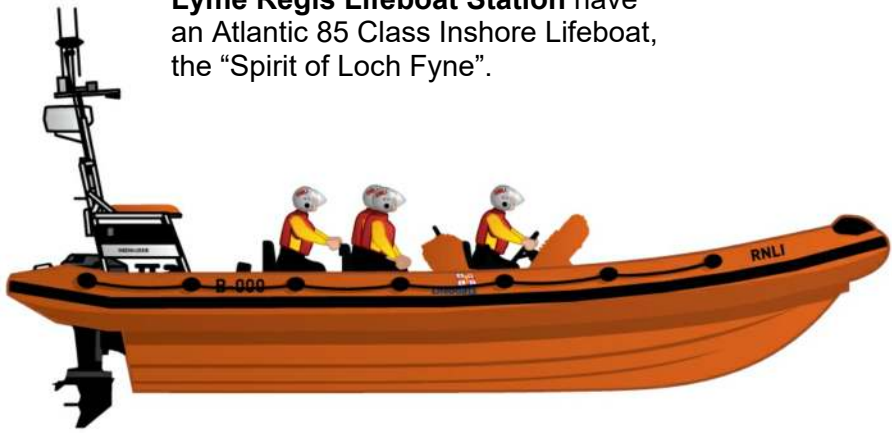
[wac500@hotmail.co.uk](mailto:wac500@hotmail.co.uk)



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So what lifeboats do we have near us? In fact we are very well provided for. The RNLI have stations at both Lyme Regis and Exmouth, both with first-class boats as shown opposite.

Our region is also covered by the inshore lifeboat at Sidmouth which is a fully self-funded independent lifeboat. Sidmouth Lifeboat is not part of, or funded by, the RNLI. It is funded entirely by the community in and around the Sid Valley and friends of Sidmouth Lifeboat.

**Lyme Regis Lifeboat Station** have an Atlantic 85 Class Inshore Lifeboat, the “Spirit of Loch Fyne”.



The Atlantic 85 is a RIB (rigid inflatable boat): Length: 8.5m, Power: two 4-stroke engines of 115hp each, Max.Speed: 35 knots - one of the fastest in the RNLI fleet.

**Exmouth Lifeboat Station** has a Shannon Class lifeboat, the “R and J Welburn”. The Shannon is the latest class of all-weather lifeboat to join the RNLI fleet and is the first modern all-weather lifeboat to be propelled by waterjets instead of traditional propellers. She is the most agile and manoeuvrable all-weather lifeboat yet.

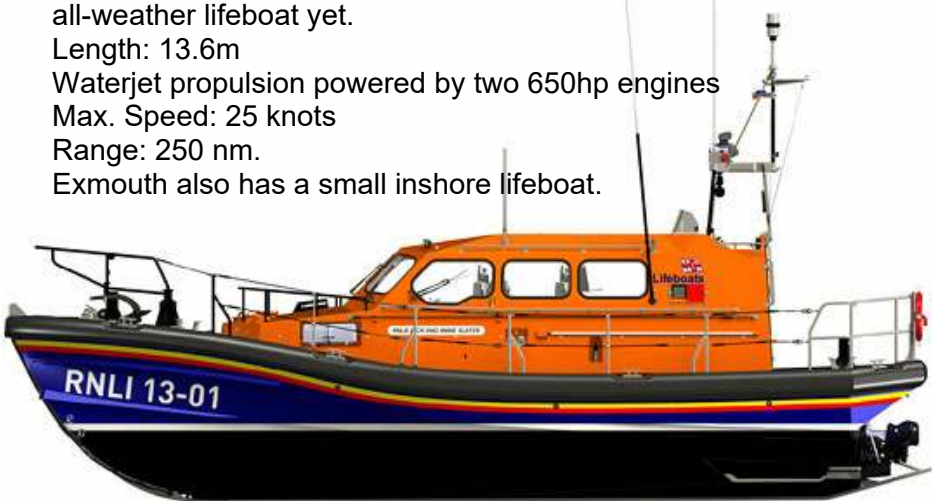
Length: 13.6m

Waterjet propulsion powered by two 650hp engines

Max. Speed: 25 knots

Range: 250 nm.

Exmouth also has a small inshore lifeboat.



## A **CALENDAR** - of sorts

*Yet again this month, with no in-church services during lockdown, there is no St Michael's Church calendar.....however, to keep you in touch with the church year, the editor has drawn up the following list of dates for June. He apologises for it being based more on what he finds interesting than on what St Michael's calendar might have been!*

*Hope you find it interesting, too!*

Sun	31 <sup>st</sup> May	Day of Pentecost - Whit Sunday
Wed	3 <sup>rd</sup> June	<b>Ember Day</b>
Thurs	4 <sup>th</sup> June	St Petroc
Fri	5 <sup>th</sup>	<b>Ember Day</b> St Boniface (Wynfrith) of Crediton
Sat	6 <sup>th</sup>	<b>Ember Day</b>
Sun	7 <sup>th</sup>	Trinity Sunday
Thurs	11 <sup>th</sup>	St Barnabas
Sun	14 <sup>th</sup>	1 <sup>st</sup> Sunday after Trinity
Sun	21 <sup>st</sup>	2 <sup>nd</sup> Sunday after Trinity
Mon	22 <sup>nd</sup>	St Alban - first Martyr of Britain
Wed	24 <sup>th</sup>	Birth of John the Baptist
Sun	28 <sup>th</sup>	3 <sup>rd</sup> Sunday after Trinity
Mon	29 <sup>th</sup>	St Peter & St Paul
Fri	3 <sup>rd</sup> July	St Thomas

**So what's so interesting about these dates?** Here's a tiny bit of what could be written:-

**Whit Sunday**, Pentecost, is the seventh Sunday after Easter and commemorates the descent of the Holy Spirit upon Christ's disciples.

**Ember Days** are clusters of three days four times a year, roughly around the start of the four seasons. They are set aside by the Church as a way to mark the passage of seasons through prayer and fasting. Possibly occasioned by the agricultural feasts of ancient Rome the name derives from "imbren", the old English for 'round course', or four times a year. Near the time of the Norman Conquest, ordinations were ordered to take place at those four times annually. The Ember Days following Pentecost usually give thanks for early harvesting and we pray for men to be called of God for ordination. "The harvest truly is great, but the labourers are few: pray ye therefore the Lord of the harvest, that he will send forth labourers into his harvest" (Luke 10:2). (note below)

According to folklore, the weather conditions of each of the three days of an Embertide foretells the weather conditions for the following three months.

**St Petroc**, c.468-564, is the patron saint of Cornwall,

**St Boniface**, c.675-745, was born in Crediton and is the patron saint of Devon. He was born Winfrid or Wynfrith or Winifred - the name of the Church in Branscombe !

**Trinity Sunday** celebrates the Christian doctrine of the Trinity, the three Persons of God: the Father, the Son, and the Holy Spirit.

**St Barnabas**, patron saint of Cypress: The College of St Barnabas is a Community of retired Anglicans uniting in Faith and Care.

**St Alban**, d.o.b. unknown, died c.250 to 300: the first-recorded British Christian martyr.

**John the Baptist**, died c. AD 28–36, "the forerunner of Christ".

**St Peter & St Paul**, patron saints of Rome. Two of the twelve Apostles, often celebrated together.

**St Thomas**, one of the twelve Apostles, commonly known as "Doubting Thomas".

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Note: In secular terms, doesn't this remind you of the present shortage of harvest labour on our farms?!





*Just one of the many fabulous scarecrows that can be seen in Beer at the moment!*

## Welcome and thank you!

Welcome to the 11<sup>th</sup> edition of Beer Talks! We hope you are all well and keeping safe!

This edition focuses on saying a huge **Thank you!** to everyone out there helping our community. As well as the much needed practical help, we also want to take this opportunity to thank those who have kept our collective spirits up with their often wacky ideas for village events and entertainment during lockdown hats off to you too!

In this edition we don't have enough space to thank everyone, so here are just a few we want to mention today:

- Thank you to all the coordinators and volunteers for their amazing work supporting the community. Despite the lockdown easing in some ways, this dedicated team of people are still committed to remaining in position until they are no longer needed. And as usual, if you need help, who ya gonna call? Lee Reeve on 07890 948262! You are not alone!

- A special thank you goes to those helping the particularly vulnerable in our village, especially those who have gone that extra mile cooking for individuals who otherwise might have gone hungry. In particular we would like to acknowledge the incredible contributions of Nikki Oswald, Caroline Fowle, Katrina Rodgers, Suzanne Abbott and Theresa Roberts.
- Thank you to Maddy Fripp for the Care Cards initiative this has been so well received!
- Thank you to all the local shops and restaurants that have stayed open throughout this crisis despite the many tricky issues they have faced;
- Thank you to Tom Adkin of Piccolo Plants and also James Absalom for their generous donations of plants and for supporting our community.

**THANK YOU, ONE AND ALL!**

## Notices

- BAG has been successful in its bid for additional funding to support the village great news!
- A socially distanced, Beer based family scavenger hunt is currently being arranged by some very imaginative village people. More to follow!
- Get growing! The first Beer Garden Gate Flower Show will be held on 6<sup>th</sup> August. A full list of classes will be available shortly and if you would like to suggest a class, please do let Annie know on 07968 157136.

## Beer Scarecrow Festival 2020

We are enjoying a phenomenally successful Beer Scarecrow Festival this year, with over 200 entries to date and more still coming in. Absolutely amazing!

The sheer creativity of the village people has been so impressive and the accompanying captions are often hysterical!

Here s just a tiny selection of photos - apologies if yours is not featured.

Our thanks must go to Lorraine Taylor-Heddington for suggesting the festival, to Bev Giles for taking the idea forward and, of course, to all of you who let your imagination run completely wild creating the scariest and funniest scarecrows ever!

An annual event now maybe ?



Page 2

This is the 11<sup>th</sup> edition of *Beer Talks!*, my how time flies! It is compiled and published by BEER ACTION GROUP to help us cope with these troubled times...

...continued



### Get those needles going again!

As promised, Beer Sewers, we have not forgotten you! Below are some crafty projects for you to get your needles into!

**Beer Hearts** these can be knitted or sewn, then they will be sold in the Post Office for a donation to the Hospice nurses. Head of Fun, Wendy, has knitted and sewn some

so give her a ring if you get stuck on 07760 781695. There is also an instruction sheet with this newsletter with more information.

**Ann's bags** these are the bags that we make for the shops in Beer so that they do not have to hand out plastic bags. The sewing requirements are approximately 17 inches by 18 inches finished size with French seams and handles long enough to hold in your hand or put on your shoulder. Ann Robinson has made more of these bags than she would probably want to

admit to! Sew contact Ann or Wendy if you want any more information. There is more fabric available at Helen's and also Lee's Emporium.

**Baby blankets** we would like to continue making knitted blankets for premature babies. Details to follow.

**Call to Bunt!** don't forget that we still need lots of bunting made to drape over our houses and fences! You can go freestyle on this and if you make too much, please share it with your neighbours and friends!

**Call for buttons!** please give any spares to your volunteers to collect.

### **Beer Film Society**

We have a bumper selection this week with films from every decade since the 1930s and some very familiar titles which you might like to revisit.

We Are One: A  
Global Film Festival  
29th May - 7th June  
<https://www.youtube.com/weareone>

The event schedule is still to be announced. We will pass on further information when it is released.



### **Beer Blazer triumph – by James Green**

Last Sunday, 17th May, had been inked into my diary since the previous year - it was the date for the Beer Blazer 2020. This was to be the 9<sup>th</sup> running of the race which was first designed by Catherine Reed to raise funds for the Beer C of E Primary School.

The organising committee were determined to do something for the school even if we couldn't hold the event. With the blessing of the landowners, we decided I would run the course at the planned start time of 10am. Over the past couple years, I've stretched and contorted the route to try and produce a challenging 10-mile race.

Undaunted, and accompanied by my son Harvey, we set off in glorious weather to tackle the hills, trails, tracks and beaches of the Beer Blazer. We wanted to be able to share our travails with everyone and provide an insight into what makes the race successful. So we filmed the entire journey using a Go Pro and selfie

stick (thanks to Justin Adkin and Dan Clist).

At the time of writing, editing is ongoing but we should have something viewable in the next few days. We will post it on our Facebook page when it is done. We were delighted to see supporters out on the public paths displaying their Blazer t- shirts. Special thanks to committee members Suzy EB and Richard Jackson for completing their 10-mile runs.

The journey itself was awesome. A full 2 and a half hours to hike walk and jog around the course, stopping to show the views and generally enjoying the countryside. When watching the video, it is worth noting that the winners of this race tend to get it finished in around 1 hour 10 minutes which is incredible.

To wrap this up, I'd just like to say a big thank you to everyone who donated. At the time of writing, the total stands at £1,020. Amazing stuff!

...I hope you have been able to see all the previous editions, either online or delivered to you by your local coordinator. If not, please let me know and I'll make sure you are contacted.



## **Beer Parish Council Message**

We are all aware that some lockdown measures are being lifted in Phase 2 of the Coronavirus pandemic, and some schools and businesses will reopen from 1 June. The Parish Council understands that our villagers will feel different emotions about this; some maybe relieved that they can go back to work, open their business or travel longer distances to visit friends and family, however others will feel anxious and scared by this.

We will all have to deal with these changes and the Parish Council met recently by a remote video conference to discuss how we can handle this. It's important that we have a plan and communicate this especially as Phase 3, which may happen from 1 July, is when restrictions on staying overnight and holidays may lift and the village will be open to welcome tourists.

We are all too aware that many families have been visiting Beer for years and see it as their second home. We hear stories of adults who came here on holiday with their parents 30 years ago and are still visiting years later bringing their children. We hear stories of people visiting with three generations and know that many people have owned their caravans for years and come to stay for the whole season.

When people are allowed to stay overnight and come on holiday we need to be ready to welcome them and find a balance, keeping our villagers and visitors safe. We do not want visitors to feel unwelcome as our village does rely on tourism. Our local shops and restaurants which have worked so hard during the pandemic to keep serving us, need their custom to keep open for the rest of the year and especially through the winter. We want to reassure you however that we will not be actively promoting the village whilst the pandemic is still at a critical stage, rather manage the situation, as we know visitors will come when Phase 3 is initiated.

Social distancing is our main priority as lockdown eases. We are discussing various measures such as providing a wider pavement on a part of Fore Street to allow people to feel safe


walking down to the beach and providing additional tables and chairs on the Jubilee to allow the cafes to open for mainly takeaways should they wish. There's also an idea to allow *Squirrel*, the new Seaton delivery service which so many Beer people have utilised, to open a pop-up greengrocers on Charlie's Yard occasionally. None of these ideas have been agreed, however if any of you have other ways or ideas in which we can support the safe re-opening of the village to look after locals' interests, and support visitors, do get in touch by emailing [Clerk.beerparishcouncil@googlemail.com](mailto:Clerk.beerparishcouncil@googlemail.com)

We can then continue to explore these as a Council and report on our progress via our PC Facebook page and website.

We've all got to learn to live and work with social distancing. We know that we're lucky to live and work in a beautiful village, and we're proud of how we've all reacted to the lockdown. We must now let common sense and kindness dictate our modes of behaviour and get back to some sort of 'new' normal. Now is the time to be positive and work out what the 'new' future will look like and how it will work.

Thank you to everyone who has played their part so far during this pandemic – we're rightly proud of you all.

*JUNE 2020 - Dates in Beer*

 **- THE NEW BEER VILLAGE DIARY -**

**Still no Village Diary!**

Things are slowly easing...so maybe next month?

**STOP PRESS! BEER HORTICULTURAL SOCIETY**  
With great regret, due to the circumstances,  
the **August Flower Show is CANCELLED.**

We hope we may be able to hold the Autumn Show and will look at including some extra classes to make up for the loss.

John Lang still has young charms available, please grow some for the Autumn Show so we can make it a stunning success.

A virtual Summer Flower Show is a possibility which Annie Boalch is looking into.



## **YOUR “LOCAL” CONTACTS**

### **Parish Council**

Geoff Pook	01297 24649	<i>Chair</i>
Louise Vine	07974 528540	<i>Vice Chair</i>
Darren Clinch	07790 211242	
Wendy Dodd	07434 948406	
Rick Dormor	07970 217267	
Mandy Graham	01297 20369	
Helen Follett	07817 934903	
Martin Richards	01297 23422	
Maureen Westlake	01297 23850	
Trevor Wood	01297 24660	

*Clerk to the Council:* Annie Dallaway 07593 405161  
[clerk.beerparishcouncil@googlemail.com](mailto:clerk.beerparishcouncil@googlemail.com)

*Internal Auditor:* *To be appointed*

### **East Devon District Councillor** Geoff Pook

Brereworde House, New Road, Beer, EX12 3HS

Mobile: 07966 490429

Home: 01297 24649 [gpook@eastdevon.gov.uk](mailto:gpook@eastdevon.gov.uk)

### **Devon County Councillor** Martin Shaw 07972 760254

### **Member of Parliament** Neil Parish

*Parliamentary matters -*

House of Commons, London, SW1A 0AA

Tel: 020 7219 7172 [neil.parish.mp@parliament.uk](mailto:neil.parish.mp@parliament.uk)

*Constituency matters -* Tel: 01884 841497



## The Place of Suffering

There has been pain in your life. There is pain in every human being's life. It is inescapable. Life is made up out of loss and grief and tears. And it is also made up out of joy and gladness. And sublime moments you never even imagined. These experiences arrive, they are there, and then they pass. But they leave their mark. These experiences opened you and deepened you as a human being. They made you conscious of the depths in human existence.

When suffering comes it's hard to see beyond it. But all of life's experiences are fleeting. That is the molecular dance of the universe. Everything is dissolving and reforming. The deepest suffering happens when you identify closely with what happens. The loss of a loved one. The loss is what you feel, but the loss is not who you are. Your grief is not who you are; it is your suffering. What did it do to you? It opened you to the depth that lies behind appearances. The depth of the universe behind the phenomenal world. Your consciousness deepened as the world changed in some way around you in your life. But you are not the events in your life; you are the conscious awareness that witnessed the events.

The past is ashes. Let the ashes fly away in the wind. The future is fiction, a mental projection. You can't get there because it doesn't exist. The only reality you have is the present moment. When the future arrives, that is what it will be: the present. Everything happens Now. You experience suffering in the present. Acknowledge it; accept it. Your pain is reality. Allow the pain to be what it is. Align yourself with it. Let events in your life happen; don't identify with them. Don't fight life. Let life be what it is.

Peace be with you. Namaste. Life is both ridiculous and painful -- and not really all that important, after all is said and done. Everything passes. The living Universe manifests in uncountable life-forms all over this beautiful earth. That is who you are: a living instance of the eternal Universe. You *are* Life. You don't *have* it. You *are* it.

Nothing stays the same. All life is shifting and rearranging along with the shifting relations between atoms and molecules and the unknowable building blocks of matter. From the births of stars in the gas clouds of galaxies to a grass blade in your garden, the living universe is unfolding. You are unfolding, and that includes your suffering and your joy. Let it all be. Your tears and your joyousness are both parts of the bumpy ride called Being Human. Accept that. What you have suffered in your life, and what you have celebrated in your life, both have touched you deeply. They connected you with something sacred: Eternity. That is what the greeting Namaste means: *I recognise the eternal in you.*

## Coronavirus

Adverts for all the businesses whose premises I know to be currently closed are marked with a **X**

However, some of these may still be offering goods and services online or by 'phone and with lock-down being slowly eased the situation could change rapidly.

Editor

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Editor

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# Beer Parish News



**STOP PRESS!** Crisp packet collections are restarting! The collection bags are back in the phone box. If you have a large amount at home I will be happy to collect from you or you can drop them at my house, in the porch. Contact me on [ruthtoohoots@gmail.com](mailto:ruthtoohoots@gmail.com) to arrange collection. Thank you. Ruth Bullock.'

**Copy for July to be with the Editor**  
by **Monday 22nd June, please.** \*  
**henryjaggers@btinternet.com**

**01297 20858 Green Bank, 9 Clinton Rise; or put in pigeon hole at back of Church, or leave at Beer Post Office.**

\* Again no promises, but we will do our best to publish for July, So please keep your contributions coming!

**Back Page**

**June 2020**