

St Michael's *and* Village

# Beer Parish News



*The Village  
returns to life...*

*...slowly*

*we welcome all our  
visitors, but please do  
take care.*

**August 2020**

# CHURCH DIRECTORY

<b>VICAR</b>	<b>Rev. JEREMY TREW</b>	20391
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<b>St Gregory's Office</b>	<a href="mailto:seatonchurch@hotmail.co.uk">seatonchurch@hotmail.co.uk</a>	23656
<b>ST MICHAEL'S ---</b>		
<b>Churchwarden:</b>	Mrs G. Chapple, Sunnymead, Higher Meadows	20756
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<b>Treasurer:</b>	Mr K. Izzard, Sunningdale, Common Hill, Beer	625181
<b>Secretary:</b>	Mrs Jean Smith	07412 010245
<b>Sacristan</b>		
<b>&amp; Head Server:</b>	Mrs L. Bees	21723
<b>Altar Guild:</b>	Mrs P. Bewick	21954
	Mrs Y. Hawker	22191
<b>Choir:</b>	Dr G. Butler (Practice Wed 6-7pm)	21375
<b>Organist:</b>	Dr G. Butler, Mullions, New Road, Beer	21375
<b>Children's Society:</b>	Mrs P. Edmunds, West Ebb, Common Hill, Beer EX12 3AQ	23659
<b>Families Worker</b>	Linda Dowling <a href="mailto:beerchurchfamilies@yahoo.co.uk">beerchurchfamilies@yahoo.co.uk</a>	
<b>Children's Team:</b>	Mrs Jean Smith	07412 010245
	Mrs J. Ross	
	Mrs L. Molony	
<b>Worship Team:</b>		
	Mrs G. Chapple, Ms M. Hirons, Mrs L. Molony, Mrs L. Bees	
<b>Pastoral Team:</b>	Mrs G. Chapple (sec)	20756
	Mrs Y. Hawker, Mrs S. Aplin, Mrs P. Bewick, Mrs E. Singleton, Mrs A. Vaughan, Mrs S. Anderson	

**Beer Parish News** Dr Henry Jaggars, Green Bank, 9 Clinton Rise, 20858  
**Editor:** Beer. Email: [henryjaggars@btinternet.com](mailto:henryjaggars@btinternet.com)

Area code for all phone numbers above is 01297 unless shown otherwise

**In an emergency, parishioners should contact the Churchwarden  
 (see above for address and phone number).**

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# St MICHAEL'S - JULY 2020



- We are slowly coming out of lock-down! -

**There is now a weekly service in  
St Michael's, Beer,  
on Sundays at 9.30am.**

It will be a simple, fairly short service as for the time being we are not allowed to have communion, nor to sing.

## **FACE MASKS IN CHURCH**

Following updated advice from the Government and the Church of England we are asking all who enter our church buildings to please wear a face-mask. Clergy will be wearing clear visors for leading worship and face-masks for before and after the service. This is not a substitute for social distancing and other good health practices.

***St Michael's Church is also now opened for a few hours a week for you to come in; shelter from the weather; enjoy the peace and calm; and pray if you wish to: Wednesdays & Sundays – 10.00am to 12.00noon.***

***In addition, resources for prayer remain available on the website and we will continue to produce and share services online -***

***Coastal Church website. [www.coastalchurch.org.uk](http://www.coastalchurch.org.uk)***

***Clergy are available to contact as usual, and will do their best to provide pastoral care and to visit where needed.***

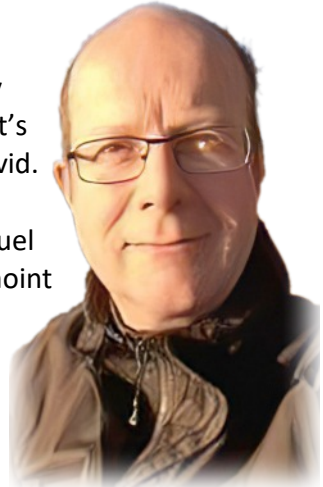
Jeremy and Simon can be contacted either by phone or email as in the Church Directory. Please do not contact our retired clergy as they fall into the “vulnerable” category.

**STAY SAFE - COVID HAS NOT GONE AWAY!**

## *Jeremy writes...*

Psalms 23 (the one that begins, "The Lord is my shepherd...") is one I often use at funerals, but it's a good'un for many occasions. The writer is David.

He's no ordinary man. The youngest of several brothers, he was initially overlooked when Samuel visited the family, guided by God, to find and anoint a new King over Israel to replace Saul who had once looked so promising but was now most certainly failing to deliver. David had been out looking after the flocks of sheep that made his one of the prominent families of the region.



Unlike his elder brothers, and unlike Saul when he was chosen, David does not look like kingly material. However, the story goes on: David is anointed. He eventually succeeds to the throne. His rule is successful, finally neutralising the constant Philistine threat, and establishing an, albeit brief, golden age for the nation of Israel. But, just as with Saul, the rot eventually sets in: David is distracted and his rule begins to suffer; Discontented family members find a frustrated populace will listen to them; And, more than once, David is forced to flee and regroup his supporters, as one son or another briefly usurps his throne. Tradition has it that, during one of these mini-exiles, David is sheltering in a cave in the wilderness. He looks back on his childhood when his greatest concerns were the safety of his father's sheep, and nothing more, and he writes this Psalm: "The Lord is **my** shepherd..."

I would suggest that, unless you are a very young reader (or possibly a far older one who has learnt more wisdom than most), life gradually gets more complex and therefore troublesome the older we get. The simple black and white of childhood becomes muddled by the many shades of gray that complicate life's decisions. Of course, there are many who seem determined to keep to the simplicity of right and wrong in the face of the nuances of life. Delusional thinking is always attractive.

At Theological College we studied Ethics. One of our tutors was an absolute pain in the backside. He would present us with a scenario and

require us to discuss the rights and wrongs, the merits, of the situation, and include in our discussion what our Christian faith had to say on the matter. Debates were always heated as strongly held convictions and understandings of faith clashed. But, as we began to move towards consensus, proud of our ability to rationalise and carefully consider, he would throw in another piece of information about the scenario – something that subtly changed how we might view the situation and the people involved in it – and off we would go again. He repeated this, until our two hours was up. The lesson was that life is complex – to each and every complex situation there is an answer that is short, simple, and easily found, and it is invariably wrong.

Most of our nation is moving away from lockdown and into something that seems a little more normal. Most of the world is not yet at this point, and what the future may bring for us and for them is far from certain. There are moves to examine our Governments response to the coronavirus, and where a better path may have been taken. There are also the difficult decisions to be made as to how we move forward, building a better Britain for all, as we also seek to pay the enormous bill that has been rung up in this time. Let us resist the temptation of easy answers, they rarely serve well. And, let us pray for political and business leaders as they work out new ways of being Britain, a better Britain for all.

*Best wishes,*

*Jeremy*

**Information about the life of our churches, resources for those in need and in lockdown, and access to services can be found at:-**

[www.coastalchurch.org.uk](http://www.coastalchurch.org.uk)

Facebook “St Gregory’s Church, Seaton”, and “St Michael’s Church, Beer”

A national telephone line with recorder readings, prayers and hymns can be reached on 0800 804 8044

A weekly service can be joined by telephone. Call 0333 011 0616 between 10.45 and 10.55am on a Sunday morning to join in. You will need the access code 327 1900 #. The call should cost no more than a normal call on your line. The service starts at 11.00am and lasts about 25 minutes.



## **Mariners' Hall Management Committee**

### **Chairman's Report 2019-2020**

It has been a very strange year. With the hall not being able to open, all craft fairs, weddings, parties and dances being cancelled. Up until March we were doing well.

The Hall is looking at its best, thanks to Martin Ball.

I would like to thank every one of you for your hard work and dedication that you have put in, keeping the hall in the condition it is in.

Thanks Norah for keeping us all in order.

I wish you all the best, in the years to come.

Thank you

*Martin Richards.*

[This was Martin's report to the recent AGM]



## **Altar Guild**

Covid restrictions have not allowed St Michael's Altar Guild ladies to display their skills for some considerable time. We all pray it will not be too much longer before we once again see their beautiful floral displays in our lovely building.



## **MARINERS' HALL, BEER MANAGEMENT COMMITTEE**

**The Mariners' Hall Management Committee is continuing to consider the current situation in relation to the Covid-19 epidemic and the work party set up on 6<sup>th</sup> July is looking at all the issues involved.**

**The Committee is using Government guidelines to decide if users can be allowed to return and how social distancing and cleaning regimes should be maintained. In order to help with our decision-making we will be sending out a questionnaire to all our regular users. If you haven't received it by mid-August, please let us know.**

**We already know that events for large groups will not be permitted for some time to come, and the number of people who can be accommodated at any one time will be limited. We will have additional expectations of hirers in terms of managing their activity in a Covid-19 safe fashion, and we will keep them informed.**

**The situation continues to be fluid, with frequent up-dates. We plan to post information as and when appropriate. In the mean-time, please do not remove any of the tables and chairs from the Hall as this could compromise our up-graded hygiene regime.**

**Registered Charity 300760**

**COVID QUIP - I don't like the fact that my chances of survival seem to be linked to the common sense of others.**

## Beer Action Group 4 Kids

Just when BAG felt that they were winding down as lock-down was easing, along came an idea for us to give some support to our Playgroup and Primary School children, as they have had to adapt to a rather strange end to this academic year.

An Activity Bag was suggested and BAG swung into action to give one to each of 163 children.

The bag itself was provided by Clinton Devon Estates and the design and printing by Shirley Carroll. Local businesses (Pecorama, Cider Press, Jimmy Green, Sidmouth Jewellers) and local organisations (RBL, RAOB, Seaton Rotary, Seaton Jurassic, Jurassic Coast Trust, Beer Parish Council, St. Michael's Church, Beer Village Heritage, Bat Friendly Beer) all contributed.

Then came the sewing (Jan), printing (Billie), ideas (Norah, the Morgans, Di, Heather, Carol, to name but a few!), with items and monetary donations gratefully received from many kind people.

We're sure the BAG4KIDS will amuse and stimulate the children's interest for the summer holidays and beyond.

Grateful thanks are owed to everyone who helped in any way to get this organised in just over three weeks – it has been well worth it!

*Susan Green*



# BEER WOMEN'S INSTITUTE



## WI Report July 2020

Like many village organizations, we are watching the gradual easing of lock down with interest.

At the present time we are not anticipating being able to meet before the Autumn but we traditionally take a break over the summer, so hopefully the situation will be clearer by then.

Beer WI have been very active and managed to update our technical skills to meet weekly via “ZOOM” to give support, relate personal news, enjoy virtual visits to homes and chat from the comfort of our armchair!. We have tried informally, to keep some of our interests such as Book Club and Writers group ticking over and are looking at how these smaller groups can get going again within the changing guidance.

Jean Bartlett, Ann Robinson, Wendy Egerton and other members have been involved in many of the BAG community craft projects, sewing bags, headbands and masks for the NHS and local Nursing homes and masks are currently available in the Top Shop for a donation to Seaton Hospice at Home. Penny Stopher has raised over £80 by selling plants for the charity and we hope to have another sale a bit later in the summer when surplus, fresh garden produce is available.

On June 14<sup>th</sup> we should have been at a celebratory event at Exeter University to mark the 100 years of the Devon WI Federation. Instead, we were encouraged to have a “Devon Cream Tea,” in our back gardens and a few members managed to do this with one or two others. It obviously wasn't the same but I am sure we will make up for it when conditions allow.

In the meantime, if you wish to have contact with us or would like to know more about our group, please contact our President, Jackie Goddard, tel 01297 21864 or email, [jackiegod@live.com](mailto:jackiegod@live.com)

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Editor -

You may think this same item was in last month. It was, but I make no excuses for repeating it.

Despite restrictions being somewhat lifted, so many of our local clubs and organisations still sadly have their activities on hold or severely constrained: all raring to go with nowhere to go to!

# Fine Foundation Centre

## Beer Village Heritage

Reg. Charity No.1087162

We were saddened to hear of John Scott's untimely death, so soon after his retirement. John was a great support to Beer Village Heritage over the years, and served as a Trustee for

six years. His encyclopaedic knowledge of the Caves is well known. Perhaps less well known is his equally wide-ranging information of village families. He has been our go-to expert when asked for help from people researching their family histories. John has also been our resident bat man who has always been there to help with injured animals. We will miss him greatly and our thoughts are with his family at this time.

Beer Village Heritage is continuing to look at the issues which are involved in re-opening the Fine Foundation Centre and the Bomb Shelter. As they are unattended there are obvious problems with cleaning regimes, not to mention monitoring distancing. The Trustees are also considering whether it will be possible to offer some rock-pool safaris during the summer.

In the meantime, Oliver Cable, who was marooned here during Lockdown, has organised a very well attended exhibition, "Beer in Lockdown", in the Bomb Shelter. Oliver collected an eclectic mix of work from local artists and poets which described their individual interpretation of recent months. He has indicated that he will donate some of the material, particularly his interviews with people about their experiences, to our Covid-19 project.

Our on-line sessions through the HUB, hosted by BAG, ran into some technical problems and we decided to end them at the beginning of the school holidays. We were pleased to be able to help with the project to give every primary school child in Beer an Activity Bag to amuse them during the holidays. It has given us the opportunity to re-launch the wild life brass-rubbing trail in the Jubilee, and to create a new I-Spy at the bottom of Sea Hill. We're looking forward to seeing how the children respond to our challenge to describe their experience of being on the beach. Bat Friendly Beer contributed a quiz, a model and wild-flower seeds. Our thanks go to our colleagues at Seaton Jurassic and the Jurassic Coast Trust who came up with interesting and varied things to do. Seaton Jurassic's contribution included vouchers offering families cheaper entry to their exhibition. The Jurassic Coast team are looking forward to seeing photographs of how youngsters have recreated Jurassic Park, with a shark tooth as a reward!

Now that the holidays have started you may be thinking of going out for trips. Beer Quarry Caves, under a new management team lead by Steve Rodgers, opened early in July, and suggests that you book your tour in advance. Seaton Jurassic has now opened, as has Seaton Tramway. Further afield, Lyme Regis Museum remains closed but is running socially distanced fossil hunting trips. These must be booked in advance and last for 3 hours. Charmouth Fine Foundation Centre plans to open on 1<sup>st</sup> August and will also be running limited, 2 hour, fossil walks. Again, it's best to book in advance as the numbers are limited. Pecorama has made the difficult decision not to open to the public this year. The Donkey Sanctuary is also closed to the public for the time being and has set up virtual events on "Sanctuary from your Sofa".

So, there are lots of attractions available in the area. If you'd like to explore the area on foot, why not use the walks described on our website [beervillageheritage@yahoo.co.uk](mailto:beervillageheritage@yahoo.co.uk). All of them can be downloaded. Mike Green's latest book, talking about the coast of East Devon, is also on the website Enjoy the I-Spy!

The glow worms have been active for a week or two. They always seem unearthly and magical. So, very worthwhile going out late at night for a stroll round the garden. If you'd like to find out more about the bats which you'll see in your garden in the evenings at the moment, go to <http://devonbatproject.org/devon-bat-survey/> for information about borrowing a detector. The Bat Friendly Beer group has recently bought some detectors which we hope to use for some bat walks later in the year.

Ruth is continuing to add to the "Blow-ins" folder, so do send your thoughts to her at: [ruthtoohoots@gmail.com](mailto:ruthtoohoots@gmail.com). Richard Scott is asking for stories about the village and the inhabitants for his Tales of Old Beer project. You can send your contributions to him on: [rscottbeer@outlook.com](mailto:rscottbeer@outlook.com).

The crisp packet collection is back in operation so do make use of the collection bag outside of the centre. Many thanks to Ruth and Wendy for keeping this service going.

Keep well.

If you'd like to know more, just ask one of our regular helpers such as Nick Jones, Mike Green, Chris Jones, Carol Green, Trevor Wood, Jean Wood, Henry or Norah Jaggars, or contact us on 01297 20858 or at [beervillageheritage@yahoo.co.uk](mailto:beervillageheritage@yahoo.co.uk)



**Affected by cancer?  
Looking for support?  
Need Help or advice?**



*During the pandemic we continue to support  
but in slightly different ways.*

*We are able to offer free of charge to anyone affected by cancer: -*

*Online/telephone counselling & coaching*

*Online Yoga & tripudio, Nordic Walking*

*Weekly drop-in via zoom*

*Art kits, Jigsaws, Magazines & puzzle books.*

**Now open, our Beach Hut for daily hire -free of charge**

We also now have an online shop and you can select local collection/delivery free of charge if local.

<https://axminsterandlymecancersupport.co.uk/shop/>

Our Beach Hut in Lyme Regis is now also available to hire for clients.

For more details contact [info@axminsterandlymecancersupport.co.uk](mailto:info@axminsterandlymecancersupport.co.uk)

07512 279663



## **Pecorama 2020:**

We regret to inform you that we have taken the very difficult decision to announce that Pecorama will remain closed to the general public for the whole 2020 season.

We have very carefully considered our options and investigated the safety implications, made estimates on potential income and considered these alongside the complications added by using parts of the site for manufacturing and sadly come to the conclusion that it is not sensible to try and open this year.

We will continue to maintain the Beer Heights Light Railway and the wonderful gardens and keep our social media accounts updated. We also hope to create some videos of the gardens and railway for your interest and inspiration. The Model Shop will remain open, although currently only for mail-order, collections or by appointment.

We are now turning our attention to shaping the future of Pecorama for 2021 and beyond and we hope to be able to share some exciting plans with you all later in the year.

Pecorama Membership holders will also be contacted in the next couple of weeks and be refunded the proportion of their membership that they have been unable to use due to the site closure.

Equally, any customers who have booked Driver Experience courses will also be contacted shortly to discuss their options.

We would like to thank all our loyal customers for their kindness, support and understanding during this difficult time and we hope that you all stay safe and well.



*“The history of a village is its soul.  
Those who care for our village  
become the keepers of that soul.”*

*John Scott*



## CLINTON DEVON ESTATES

### **Felling of roadside trees affected by Ash Dieback will begin in the Beer area this week, along the B3052.**

This is the first phase of essential work to remove trees affected by the highly infectious disease, Chalara. Trees close to highways footpaths and properties are a priority as trees weakened by Ash dieback become brittle and dangerous. Those in hedgerows and woods are also dying more quickly from other pathogens like honey fungus.

Ash dieback, *Hymenoscyphus fraxineus*, is a fungal pathogen, believed to have originated from South East Asia, that has been devastating Ash trees across Northern Europe. First identified in Poland in 1992 the fungus spread westward across Europe arriving on the east coast of UK in 2008. It was also introduced on imported ash planting stock and distributed widely across the country from the late 1990s and foresters recognised it as being present in The West Country since 2012. Our first sighting was in woodland near Woodbury only three years ago and it is now widespread throughout Estate, especially on roadside trees where the transport of fungal spores on air movements from vehicles played a role in the initial spread.

The speed of decline of an infected tree is influenced by it being repeatedly exposed to the fungal spores and to other stresses, such as drought or water logging. Our experience is that it is pretty swift, with trees in severe decline and requiring removal on safety grounds within two years of first infection. Taking action now is a priority as a significant complication is the speed Ash timber with this disease degrades and loses its strength. Trees with advanced infection, often compounded by secondary infection with Honey fungus, are highly dangerous to fell with a chainsaw as they can collapse on the feller. There have already been tragic incidences of this and new mechanised approaches of dealing with this challenge are being developed.

Learning from experiences of dealing with Ash dieback in the Eastern counties, Devon County Council convened an *Ash Resilience Working Group* to get ahead with the planning and logistics of what will be a major challenge



for the counties transport infrastructure. The Estate has been playing an active part in both this and *Landscape and Environment Resilience Group* to plan and advise on what we replace ash with and how we do it. A wealth of useful information has been produced by these groups and can be found on - [www.devonashdieback.org.uk/](http://www.devonashdieback.org.uk/).

Ash is a significant landscape tree across the Estate especially within hedgerows. Following the loss of elm from the valley in the 1970s the Estate encouraged the leaving of hedgerow coppice shoots to grow on to recruit into hedgerow trees. Much of what has succeeded is ash, as elm regrowth succumbs to the cycle of Dutch Elm Disease and Oak, Beech, Sycamore and Maple to the ravages of grey squirrels.

The landscape will look very different when the ash is removed, and we have started a long-term planting programmed for replacement hedgerow trees. The Estate are using a range of native species with an eye on climate change resilient species from Southern Europe, such as Sweet chestnut and Turkey Oak. Whether this wider range of species survive to help create a more resilient landscape will greatly depend on effectively controlling grey squirrels, an altogether bigger challenge for the future of our trees than ash dieback.





# Beer Talks!

16<sup>th</sup> Edition 23<sup>rd</sup> July 2020



## Welcome!

Welcome to the 16<sup>th</sup> edition of Beer Talks! We hope you are well and enjoying the beautiful weather!

As lockdown is now easing for most of us, we will be scaling back BAG's activities for the time being at least. However, if we do need to reactivate the group should we have a second spike then we are ready to do so.

We'd like to take this opportunity to say a huge thank you to all of those in our wonderful village who have helped our community during incredibly difficult times.

It was lovely to know that if we needed something done, no matter how big, small, complicated or easy, there was always someone in the village to call on who would be willing to help.

We also want to recognise and thank those who have supported the village with their creative input and have dreamt up entertaining events and activities.

Finally, we would like to say a big thank you to everyone who has worked with us over the last few months, so from Annie, Lee, Wendy, Sarah and Heather:

**THANKS BEER!**

## Notices

- Keep growing for the **Beer Garden Gate Flower Show** on 6<sup>th</sup> August! A full list of classes is overleaf!
- **Lee's Emporium** is now closed but if you need assistance with food or indeed anything else please call Lee on 07890 948262;
- From this month BAG news will be featured in the **Parish Magazine** so look out for us there;
- The **Beer Sale Trail** will take place on August 2<sup>nd</sup>, September 6<sup>th</sup> and October 4<sup>th</sup> - see the poster on page 3 for further details.
- Please visit Oliver in the **Beer Bomb Shelter** for the **Beer in Lockdown Exhibition**.

This could be the last edition of "Beer Talks!" although I know that BAG - Beer Action Group - will stay in existence for a good while yet.



## Beer Action Group 4 Kids

Just when BAG felt that they were winding down as lock-down was easing, along came an idea for us to give some support to our Playgroup and Primary School children, as they have had to adapt to a rather strange end to this academic year.

An Activity Bag was suggested and BAG swung into action to give one to each of 163 children.

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Grateful thanks are owed to everyone who helped in any way to get this organised in just over three weeks – it has been well worth it!

Susan Green

## Beer's Best Clothing Bag

Bev Giles came up with a fundraising idea for The Seaton Hospice Nurses @ Home and Children's Hospice SouthWest dedicated to the memory of Dave Graham.

*What to do during lockdown????*

*Ask our lovely villagers to sort out their wardrobes and drawers, then ask for a £5 donation from visitors to the hub to fill a carrier bag, how would this work we asked ourselves during a pandemic! Challenging and scary was the answer!*

*Pecorama generously let us have the hub for several weeks beforehand to allow us to keep donated bags of clothes closed for over 72 hours after each weekly delivery.*

*An amazing village effort to lend us hanging rails and hours spent disinfecting, sorting, hanging, folding and Covid-19 preparation we were off!*

*Not a mad rush but a steady trickle and many people had bags of clothes before they reached the beach. We even kitted out a young holiday maker as her suitcase had been mistakenly left behind. All great clothing for £5 a bag, too good to be true!*

*All were required to hand sanitise, wear a face mask and social distance.*

*It was a good week helping to raise money for our great charities and cheering people up with new clothes after the long lockdown. Many, many thanks to the great support from Tesco Seaton, your contribution of carrier bags, coat hangers etc gave us a kick start through the various donation boxes to raise a wonderful £1506.49*

We congratulate and thank them all, and many others, who have worked so tirelessly over the past few months -  
**WELL DONE TO YOU ALL !**  
**WELL DONE BEER !**

*Editor*



Beer Action Group a BARGAIN



# BEER SALE TRAIL

At Gates and Driveways on the 1st Sunday of the month

August 2<sup>nd</sup>

September 6th

October 4th

Some for sale, some for free, some for sale in aid of local groups,

Check out the length and breadth of Beer!

From Clinton Rise to Common Hill

Underleys to Quarry Lane

Fore Street to Park Road

11am - 4pm

**COVID QUIP -** Some people only write lockdown  
because they can't spell kwarinteen.

***At Your Garden Gate***  
**FLOWER SHOW !**  
***Thursday 6th August***  
***Judging 10-12***

***Enter anything you have grown in lockdown.***

***Classes to include Tallest Sunflower to Tiniest courgette!***

***Bakes and Chutneys!***

***For more details***

***Contact***

***Annie Boalch***

***All just for fun!***



...turn page for schedule of classes



## THE BEER

### AT YOUR GARDEN GATE FLOWER SHOW

6<sup>th</sup> AUGUST 2020

#### LIST OF CLASSES

Class number	Description
1	Grandest lettuce
2	Longest runner bean
3	Sexiest carrot
4	Some fabulous potatoes
5	Biggest onions
6	A selection of your finest veggies from your own garden
7	A selection of greenhouse produce
8	Most magnificent pot plant (in an unusual container if you wish, indoor and outdoor)
9	Selection of your finest rose bud
10	Glorious gladioli
11	Delicious Dahlias in vase or pot!
12	Lovely lilies - in pot or vase
13	Vase of Beer Sweet Peas!
14	A crafty product from lockdown times
15	Painting
16	Tallest / biggest sunflower
17	Painted pebble
18	Vase of wild blooms
19	Funniest animal made from a vegetable
20	Recycled produce made into an animal
21	Rock cakes
22	Shortbread in an unusual shape
23	Jar of jam (any sort)
24	Jar of chutney (any sort)

**Rules:**

1. Please remember that this is just for fun!
2. You can enter as many categories as you wish.
3. The judges' decision is final!

*Good luck, everyone!*

**COVID QUIP - The Longer I stay at home,  
the more homeless I look.**





East Devon District Council

Remember from Friday 24th July it will be compulsory to wear a face covering when visiting a shop. Support our local businesses and always try to #shoplocal

### Face coverings

It has become mandatory for a face covering to be worn if you are visiting shops, supermarkets, shopping centres and enclosed transport hubs in England.

### UPDATE

COVID-19 restrictions are being eased in England from 4<sup>th</sup> July when many non-essential shops and businesses will be allowed to open provided they meet strict COVID security measures. You will be allowed to travel more freely in England, stay away overnight, and go to pubs and restaurants. Social distancing will still apply and the rules governing what you can do and what you can't - who you can visit, how many people can gather as a group, etc. - are quite complex.



## **YOUR “LOCAL” CONTACTS**

### **Parish Council**

Geoff Pook	01297 24649	<i>Chair</i>
Louise Vine	07974 528540	<i>Vice Chair</i>
Darren Clinch	07790 211242	
Wendy Dodd	07434 948406	
Rick Dormor	07970 217267	
Mandy Graham	01297 20369	
Helen Follett	07817 934903	
Martin Richards	01297 23422	
Maureen Westlake	01297 23850	
Trevor Wood	01297 24660	

*Clerk to the Council:* Annie Dallaway 07593 405161  
[clerk.beerparishcouncil@googlemail.com](mailto:clerk.beerparishcouncil@googlemail.com)

*Internal Auditor:* *To be appointed*

### **East Devon District Councillor Geoff Pook**

Brereworde House, New Road, Beer, EX12 3HS

Mobile: 07966 490429

Home: 01297 24649 [gpook@eastdevon.gov.uk](mailto:gpook@eastdevon.gov.uk)

### **Devon County Councillor Martin Shaw 07972 760254**

### **Member of Parliament Neil Parish**

*Parliamentary matters -*

House of Commons, London, SW1A 0AA

Tel: 020 7219 7172 [neil.parish.mp@parliament.uk](mailto:neil.parish.mp@parliament.uk)

*Constituency matters -* Tel: 01884 841497

**One in four people** will experience mental instability at some point in their life. Has Covid-19, the Pandemic, Lockdown affected you? Has 'Life' affected you? Affected your inner ability to cope with events and responsibilities?

A recent BBC programme, File on 4, estimated that up to half a million people may soon be seeking help with mental health problems arising from the pandemic – anxiety, depression, bereavement.

Loss in some form or another usually lies behind mental distress. Loss of routine; loss of a loved one; loss of security; loss of identity; loss of your peaceful mind.

A vast number of books and very many professions, counselling, psychiatry, psychotherapy, are devoted to the mind in pain, the mind in distress. This may be met by medication, counselling, psychiatric treatment, cognitive behavioural therapy (CBT).

Every individual is a 'case' story. Every individual has been conditioned – that means, shaped and moulded – by a mass of life-experiences. What is your life-situation? What is putting pressure on you? What has happened in your life that pushed you to the edge? Something you may or may not be able to identify turns your life into a meaningless vacuum.

Humanity learned through millennia how to live in this world. Early humankind lived very close to Nature, building rough shelters out of forest and grassland materials, foraging for berries and roots and fruits. We gradually harnessed naturally growing things in harmony with climates and seasons, and over time we moved away from the natural world. Today 60% of the world's 7.9 billion people live in very large cities, they live an urban life, cut off from the rhythms and cycles of nature, and cut off from natural contact with other creatures.

We come from Nature; and our mental distress in various forms arises out of this disconnection. Many forms of derangement arise because people lose touch with deep down the essence of who and what they are. They lose their connectedness with common humanity; they identify with negative, destructive and distorted ideas.

The source of all life on planet Earth is Nature. Walk in woodland. Visit a farm. Immerse yourself in Nature. Spend time with animals. Walk, run, get out of breath and rev-up your heartbeats. Move your mind towards some form of meditation that suits you. Meditation is stillness. It brings mind-activity to a halt. It offers a dimension beyond the suffering self. It brings you back to the Nature in you.

Coronavirus

## SUPPORT YOUR LOCAL SHOPS AND BUSINESSES

This month, most businesses will have reopened in one form or another but please be sure to check online or by 'phone what goods and services they are able to offer.

*Editor*

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# Beer Parish News

## BE A BEER VOLUNTEER!

We all love our village, our "little bit of heaven"  
Can you spare an hour or two occasionally to help  
keep our village up to scratch?

Beer Parish Council is keen to set up a register of people who are willing to help with such jobs as sweeping up leaves and debris on the Jubilee and rubbish on the beach, cleaning the shelter windows, clearing the brook in the autumn, or any other jobs where we can make a difference.

If you would like to be a Volunteer please contact us  
in one of the following ways:

- \*Download a registration form from our website
- \*Send a message via our Facebook page
- \*Collect a form from The Village Store
- \*Tel: Cllr. Mandy Graham on 20369 or Cllr. Maureen Westlake on 23850

We will then contact volunteers when there are jobs  
to be carried out, giving details of the time and place  
to meet and what tools to bring.

Copy for September to be with the Editor  
by **Wednesday 19th August**, please \*

henryjaggers@btinternet.com

01297 20858 Green Bank, 9 Clinton Rise; or put in  
pigeon hole at back of Church, or leave at Beer Post Office.

\* So please keep your contributions coming!